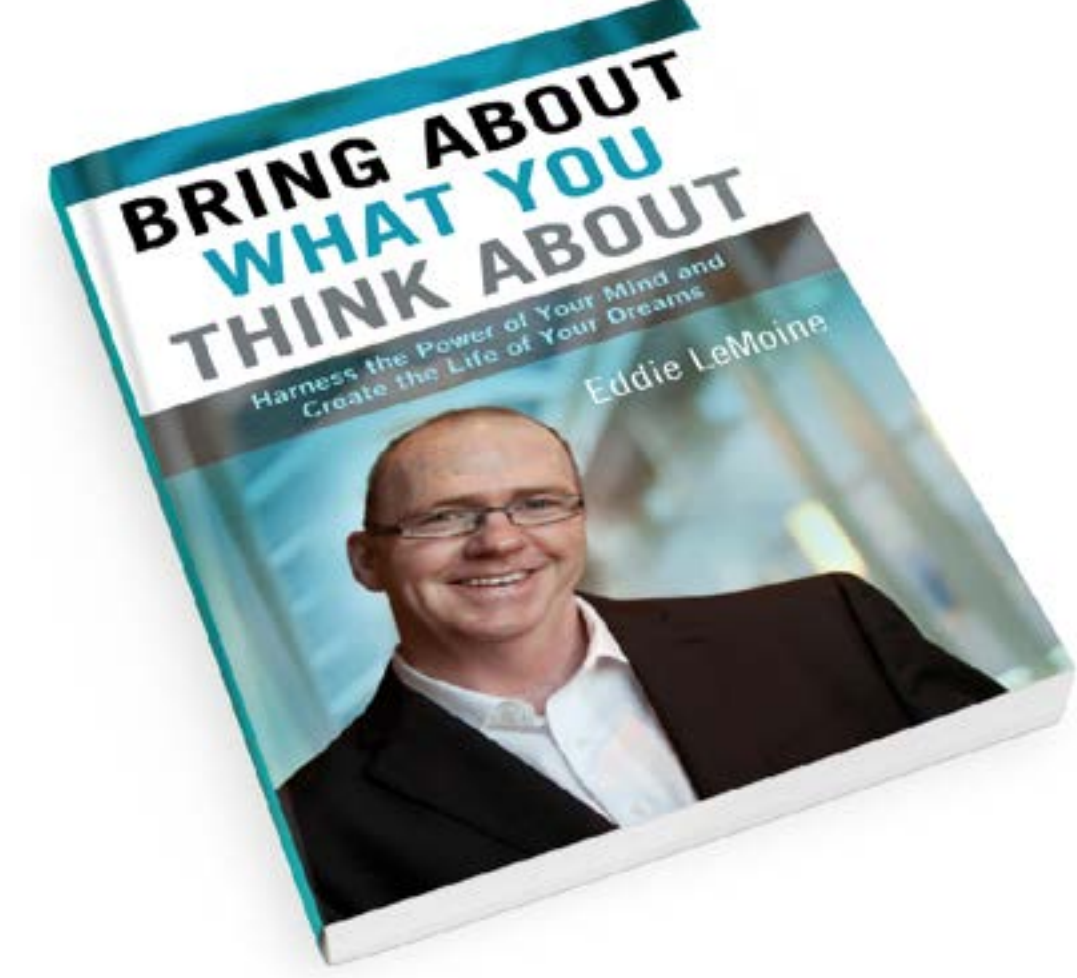


the
BEST
is yet to

COME

**Bring About
What You
Think About**



ABOUT

Eddie LeMoine



- International bestselling author
- keynote speaker
- Seminar leader and corporate trainer
- 40 plus years of experience



If you are like me

**I had a
thought**



A young woman with voluminous, curly, light brown hair is shown in a thoughtful pose, resting her chin on her hand. She is wearing a white, textured knit sweater. The background is a plain, light gray color.

**What if I
could find
better way**

**What if it was
as easy as
changing the
way you
think**





Stinking Thinking

It all started at the Old Triangle Pub.....



I Noticed Changes

235 Pounds



I Noticed Changes

195 Pounds



I Noticed Changes



I Noticed Changes



I Noticed Changes



I Noticed Changes



I Noticed Changes

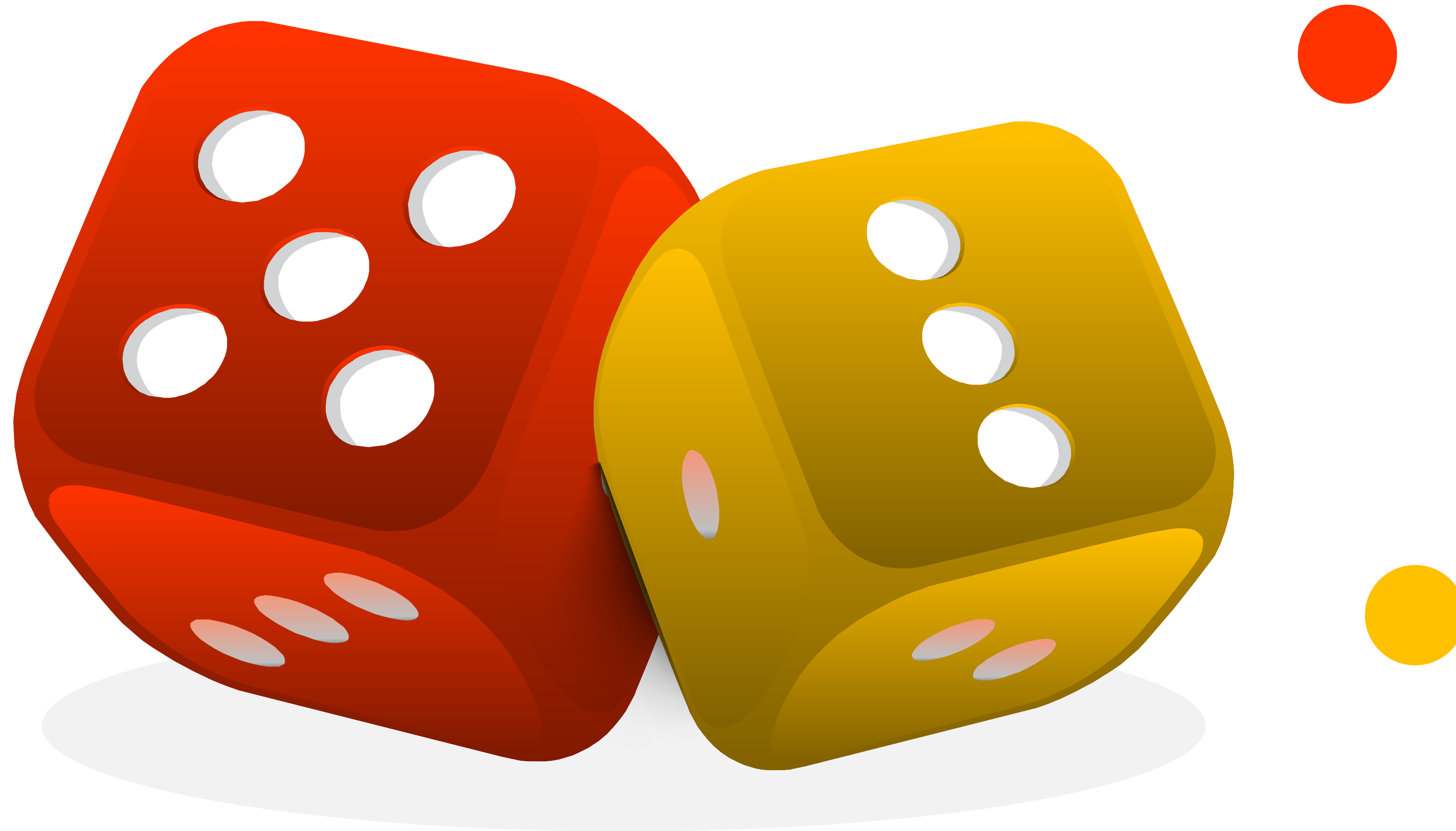


I Noticed Changes



Our clients

**The problem with traditional goal setting
is...**



My Research



Science

The way the brain works



Psychology

The questions we ask



Unexplainable

Things that happen we can't explain

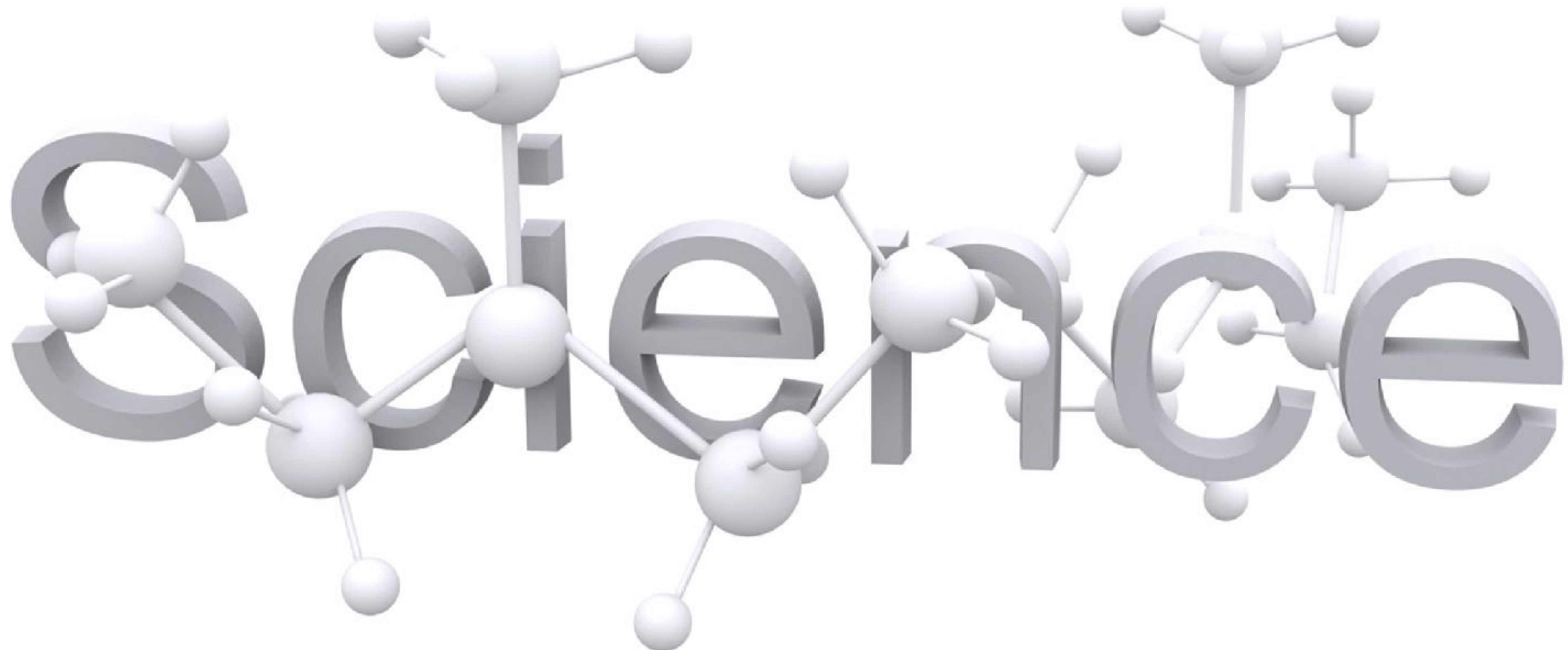


My Research



Science

The way the braining works



Psychology

The questions we ask

ANSWERS

QUESTIONS

My Research



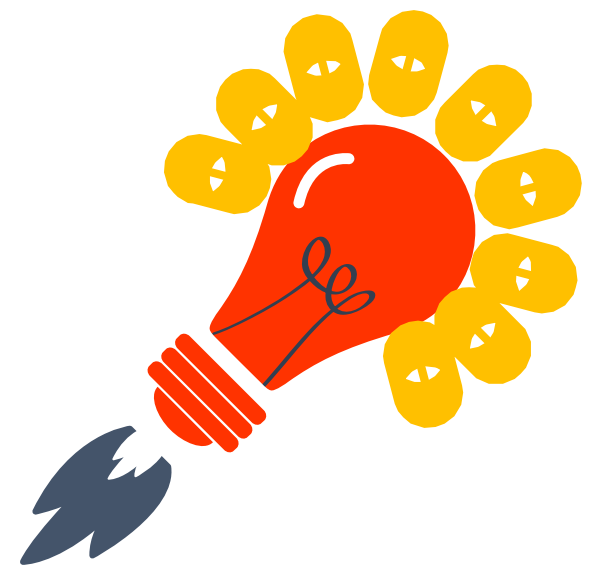
My Research



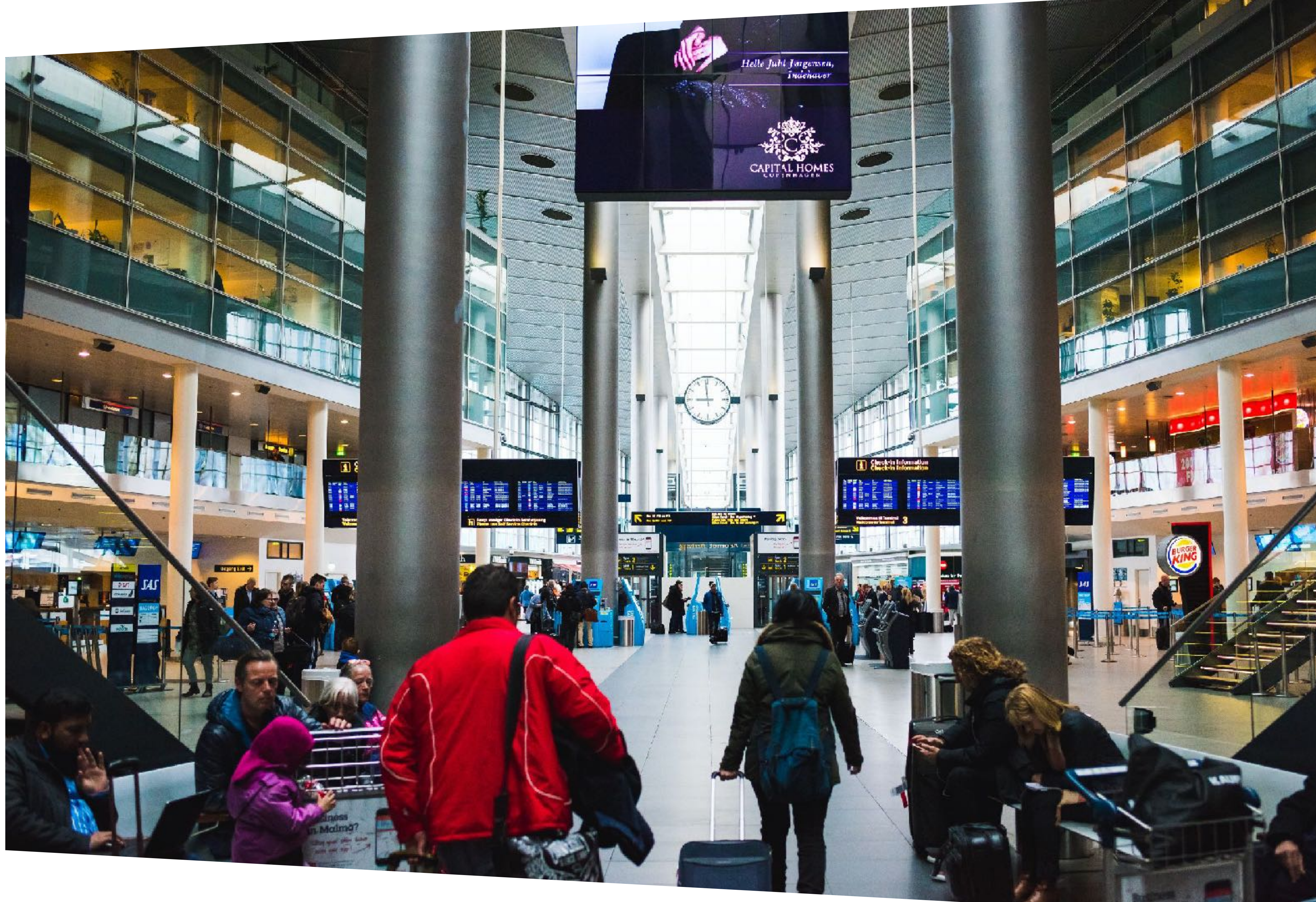
Unexplainable

Thinks that happen we can't explain

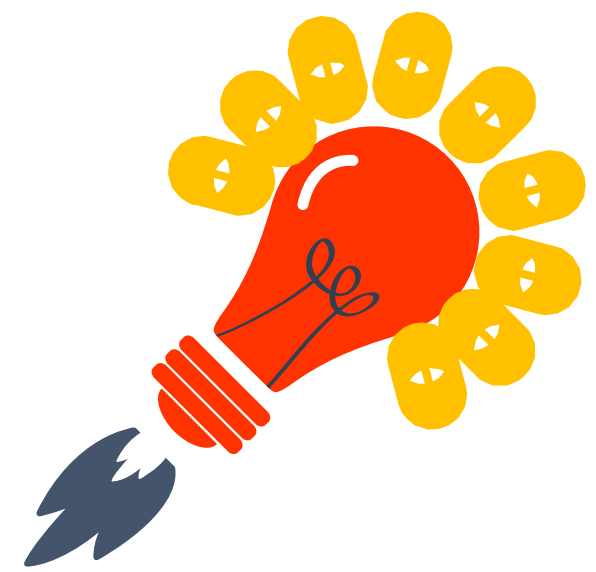


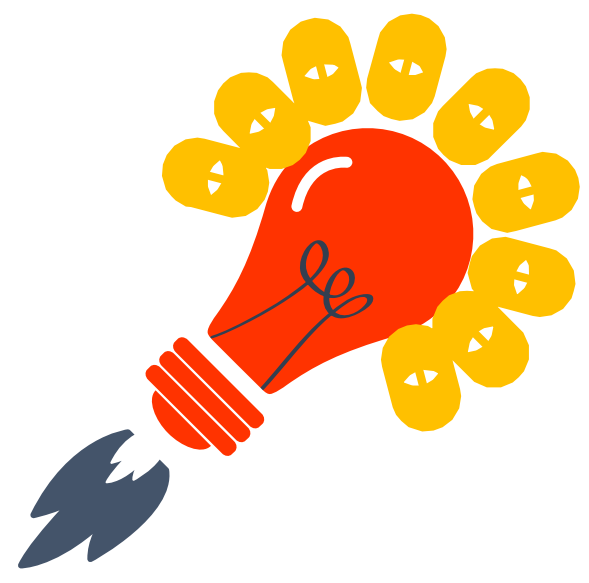


Unexplainable



Unexplainable





They
discovered
they were
sisters.



WHERE IS YOUR ATTENTION?

“Whatever you focus your *“attention”* on and *“energy”* towards you **“Bring”** into your life.”



Where is this impacting you?

“Your secret internal conversations are slowly shaping your destiny.”

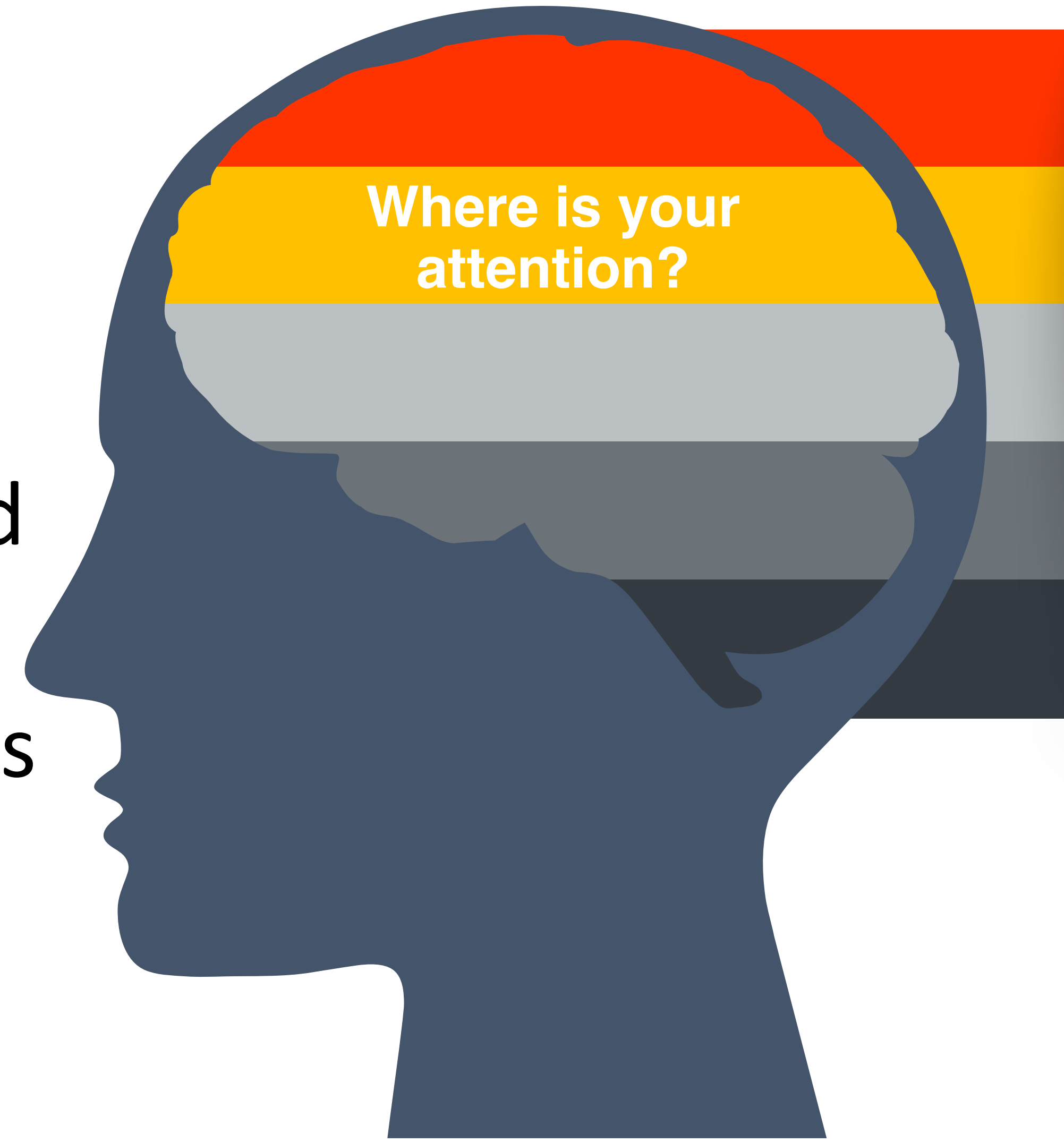


“Your secret internal conversations are slowly shaping your destiny.”

Conscious Mind can process about 40 bits of data per second

Subconscious Mind can process 40,000,000 bits of data in the exact second

“The subconscious mind is 1,000,000 times more powerful as an information processor than the conscious mind.”



“Your secret internal conversations are slowly shaping your destiny.”

Thoughts



“Sow a thought, reap an action.”



“Your secret internal conversations are slowly shaping your destiny.”

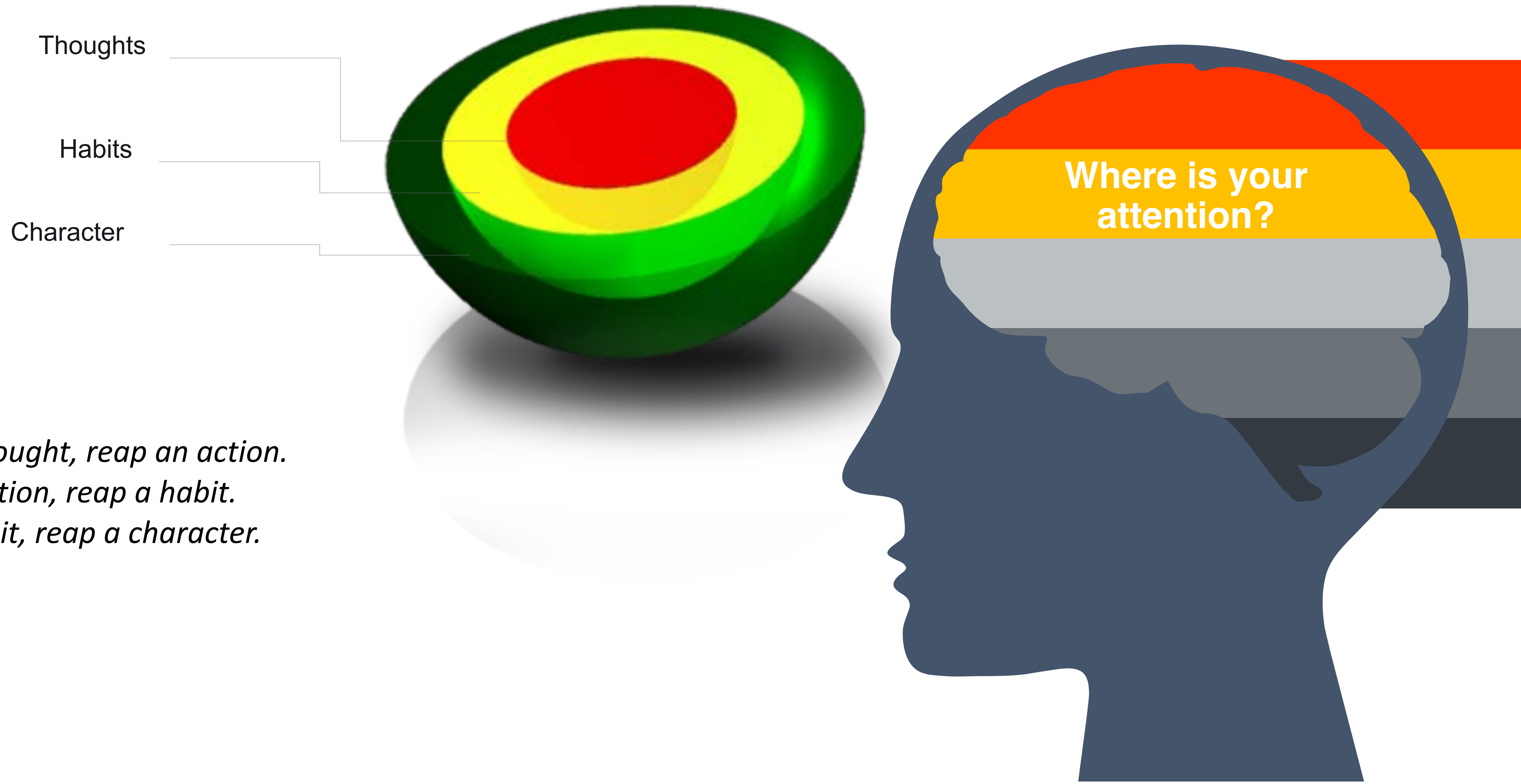
Thoughts

Habits



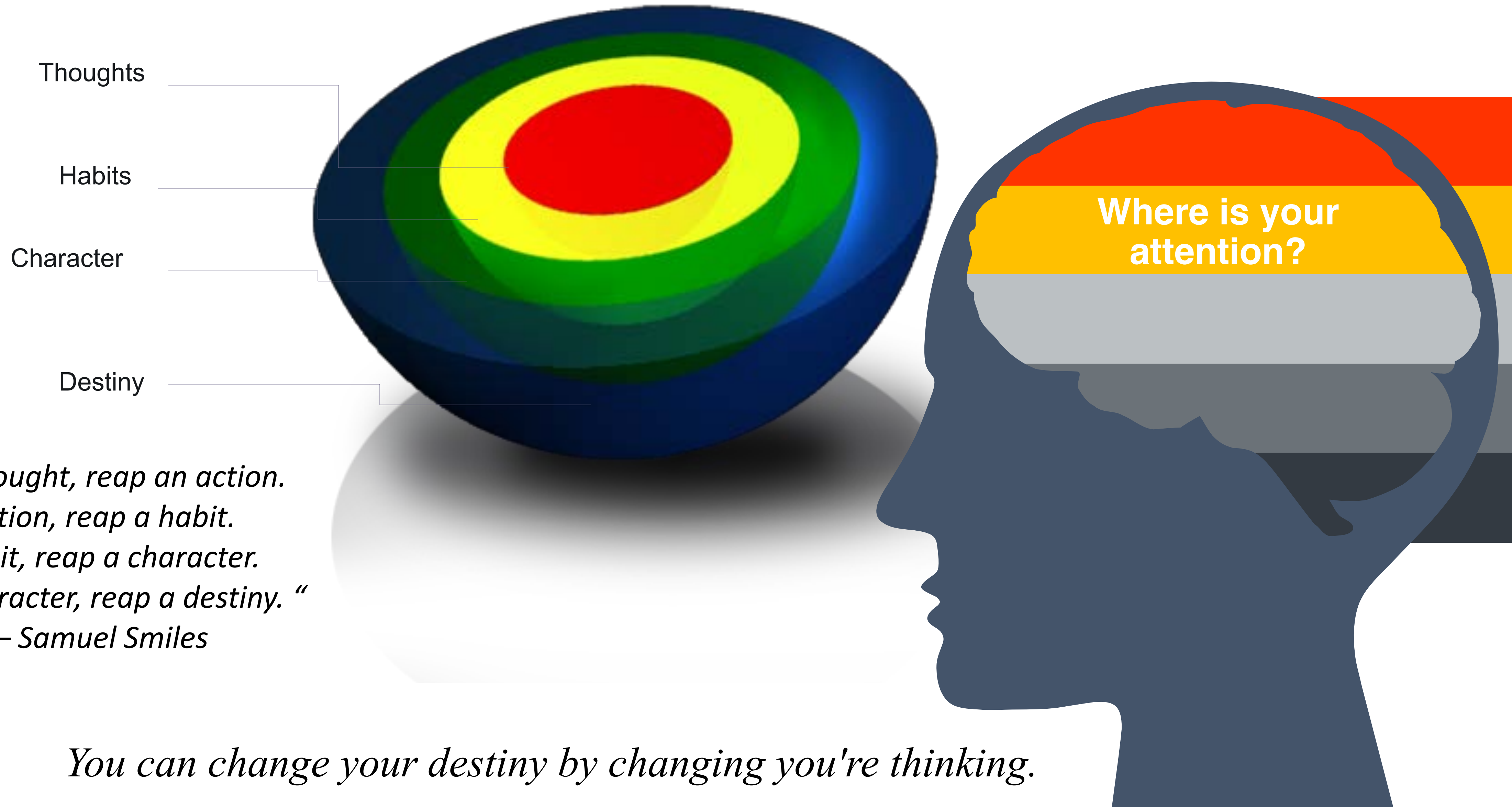
*“Sow a thought, reap an action.
Sow an action, reap a habit.”*

“Your secret internal conversations are slowly shaping your destiny.”



*“Sow a thought, reap an action.
Sow an action, reap a habit.
Sow a habit, reap a character.”*

“Your secret internal conversations are slowly shaping your destiny.”

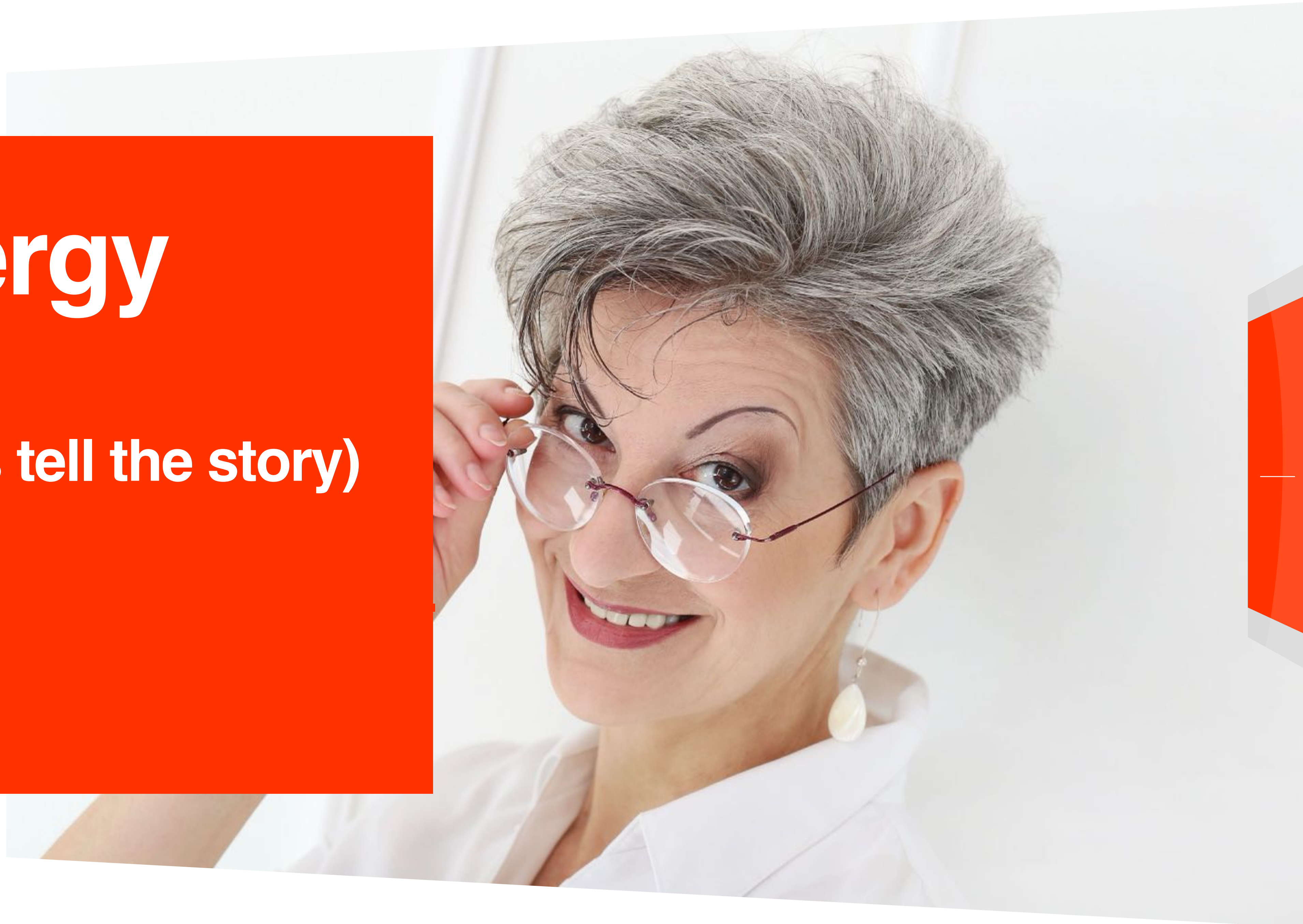


*“Sow a thought, reap an action.
Sow an action, reap a habit.
Sow a habit, reap a character.
Sow a character, reap a destiny.”*
– Samuel Smiles

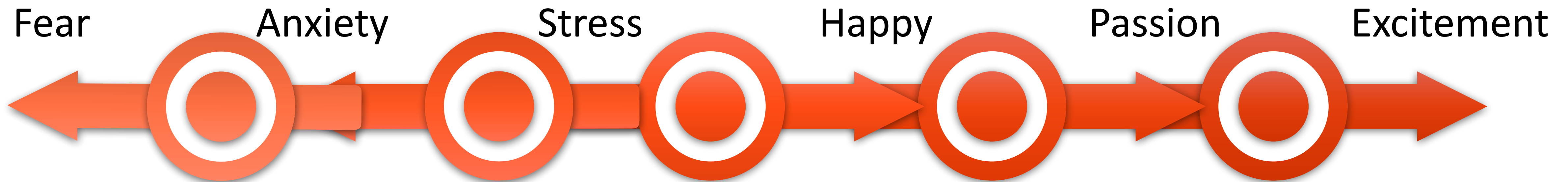
You can change your destiny by changing you're thinking.

Energy

(Our emotions tell the story)



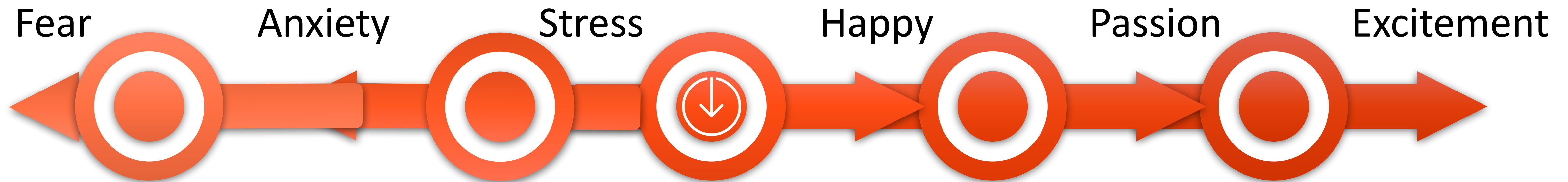
Energy Our emotions tell the story



- Challenging to achieve your goals
- Hard to change your habits

- Your goals come to you easily
- Easy to form new empowering habits

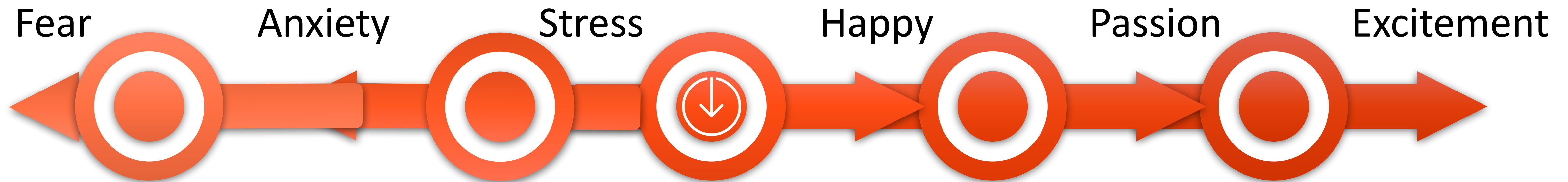
Your emotions are your guidance system.



Area of your life you would like to change.

Area of your life that is on track.

Your emotions are your guidance system.



Area of your life you would like to change.

Area of your life that is on track.





Change Your Focus
*Change Your Thinking Change
Your Future*

“ All the complaining, worrying and talking about what you don't want will never attract what you do want.”

A young woman with dark hair pulled back, wearing round glasses, a white collared shirt, and a grey cardigan. She is smiling warmly at the camera. In her right hand, she holds a black coffee cup with a lid. In her left hand, she holds a brown folder or notebook. The background is a plain, light grey wall. Two large, semi-transparent colored boxes are overlaid on the image: an orange one on the left and a yellow one on the right, both containing text.

I am going to love every student.

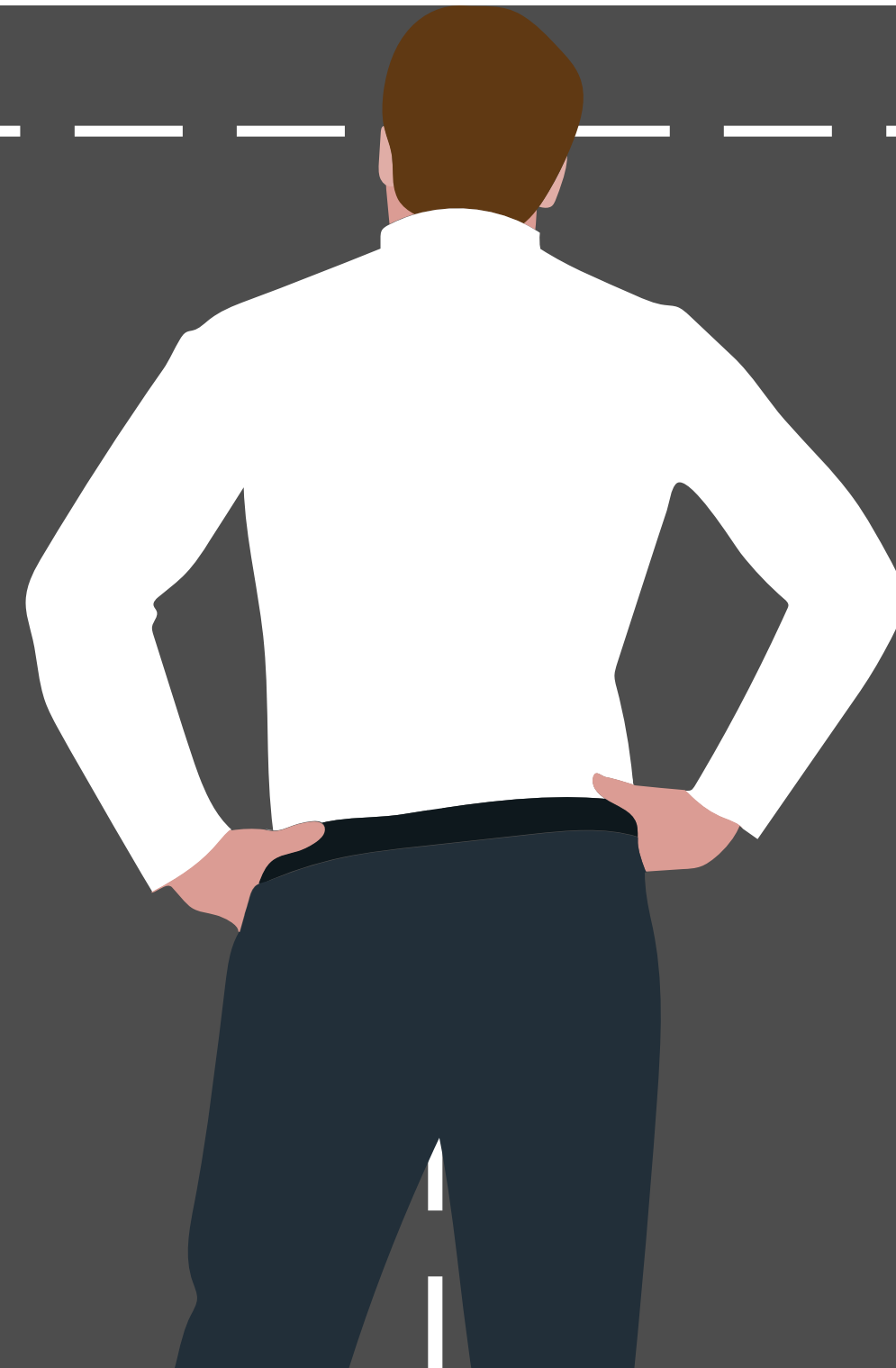
But she knew it was not true.

Making it work!



The Hard Way

The Easy Way

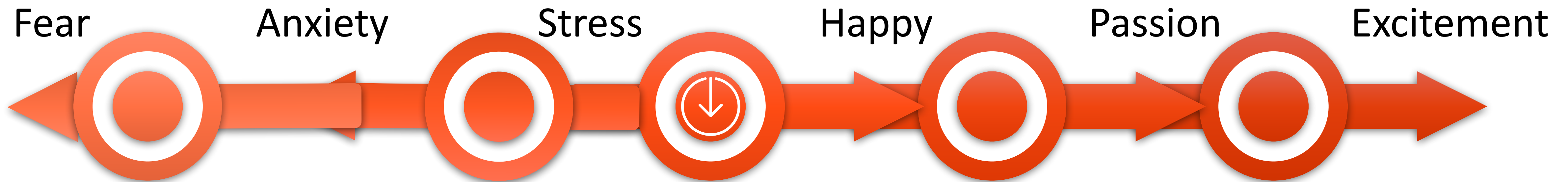


Step 1

Identify Your Goals



Your emotions are your guidance system.



Area of your life you would like to change.

Area of your life that is on track.

Dream Sheet

- Education
- Relationships
- Finance
- Travel
- Health
- Spirituality



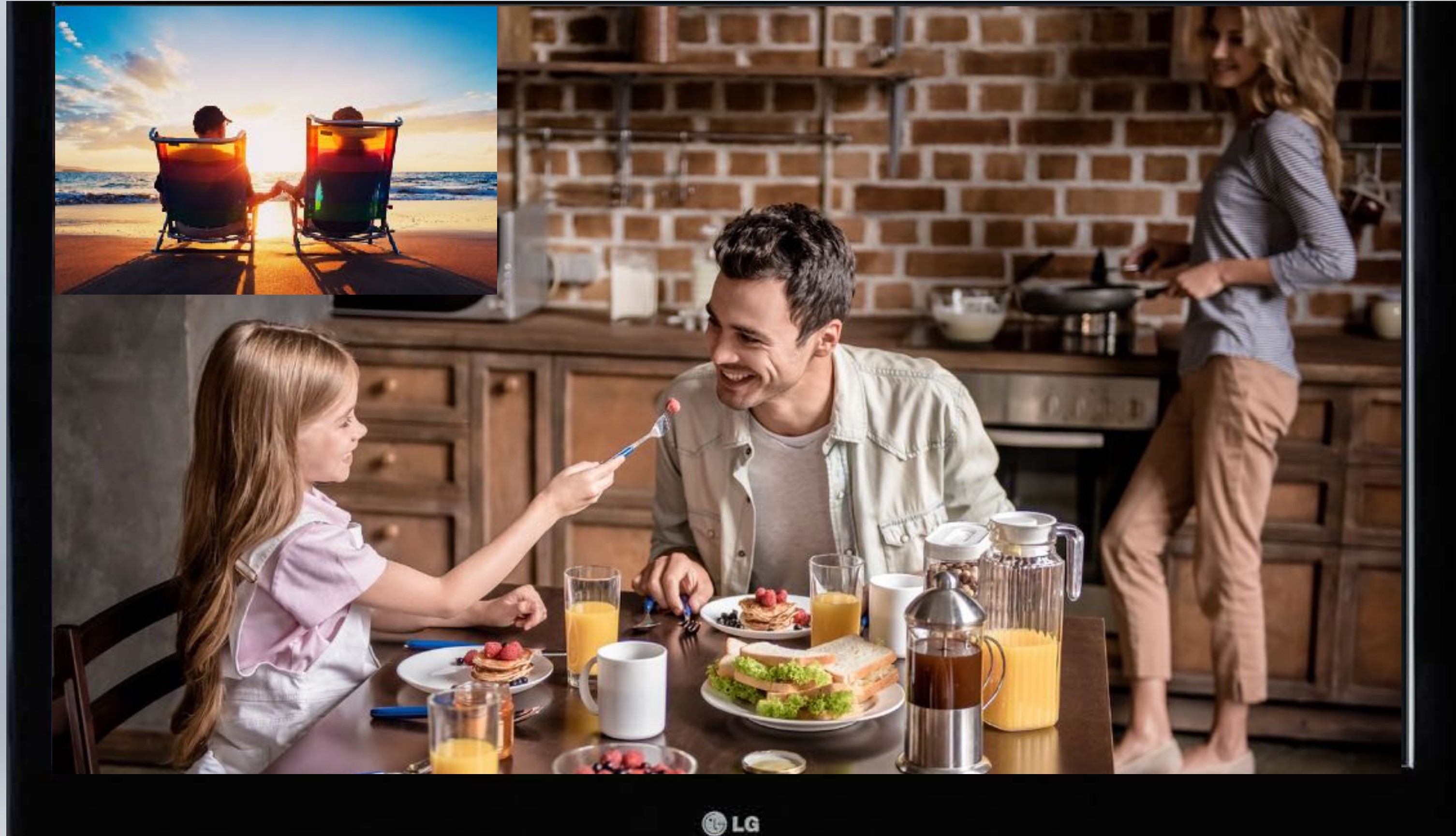


I would like to Manifest a Horse



I would like to

Manifest a Horse



CREATE A VISION
of the future



CREATE A VISION
of the future

Step 2

B E L I E V E I N Y O U R S E L F

You will not achieve your goals if you don't believe you can




Step 3

**Become the
person you
would be if
you already
had your
goals.**





Positive Attitude

It's more than a positive attitude 

Why is it not here yet?



**Become
Detached**



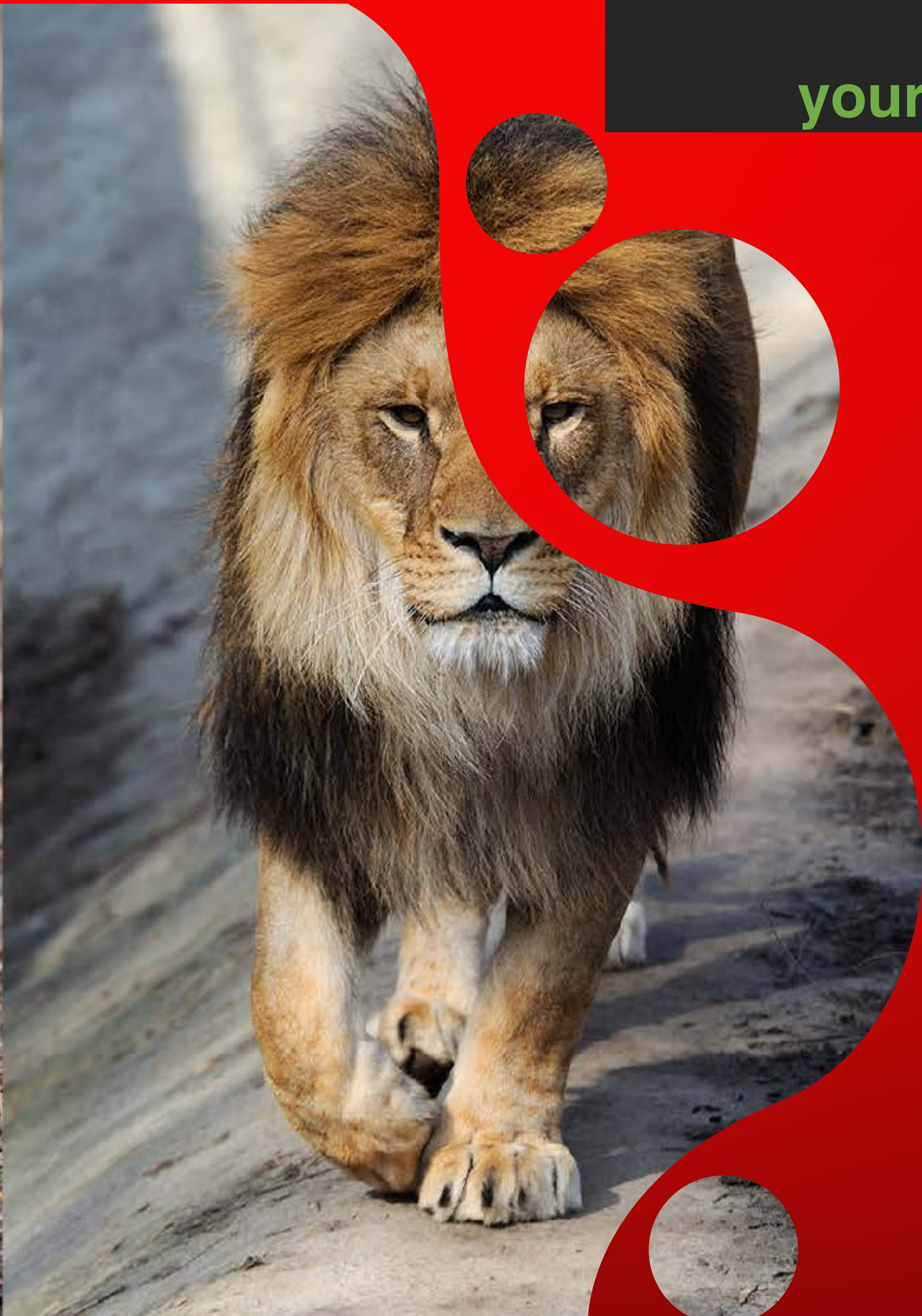
Limiting beliefs

S U C C E S S

M I N D S E T

4

Your reality today
vs
your desires



G₂ R₁ A₁ T₁ I₁ T₁ U₁ D₂ E₁

I₁ S₁

T₁ H₄ E₁

B₃ E₁ S₁ T₁

A₁ T₁ T₁ I₁ T₁ U₁ D₂ E₁





Thank You!

Eddie LeMoine



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