

Mindset Mastery: From Employee Engagement to Personal Empowerment

Bring About What You Think About

Eddie LeMoine



Eddie LeMoine

- **Bestselling author**
- **keynote speaker**
- **Seminar leader and corporate trainer**
- **40 plus years of experience**



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Bring About What You Think About


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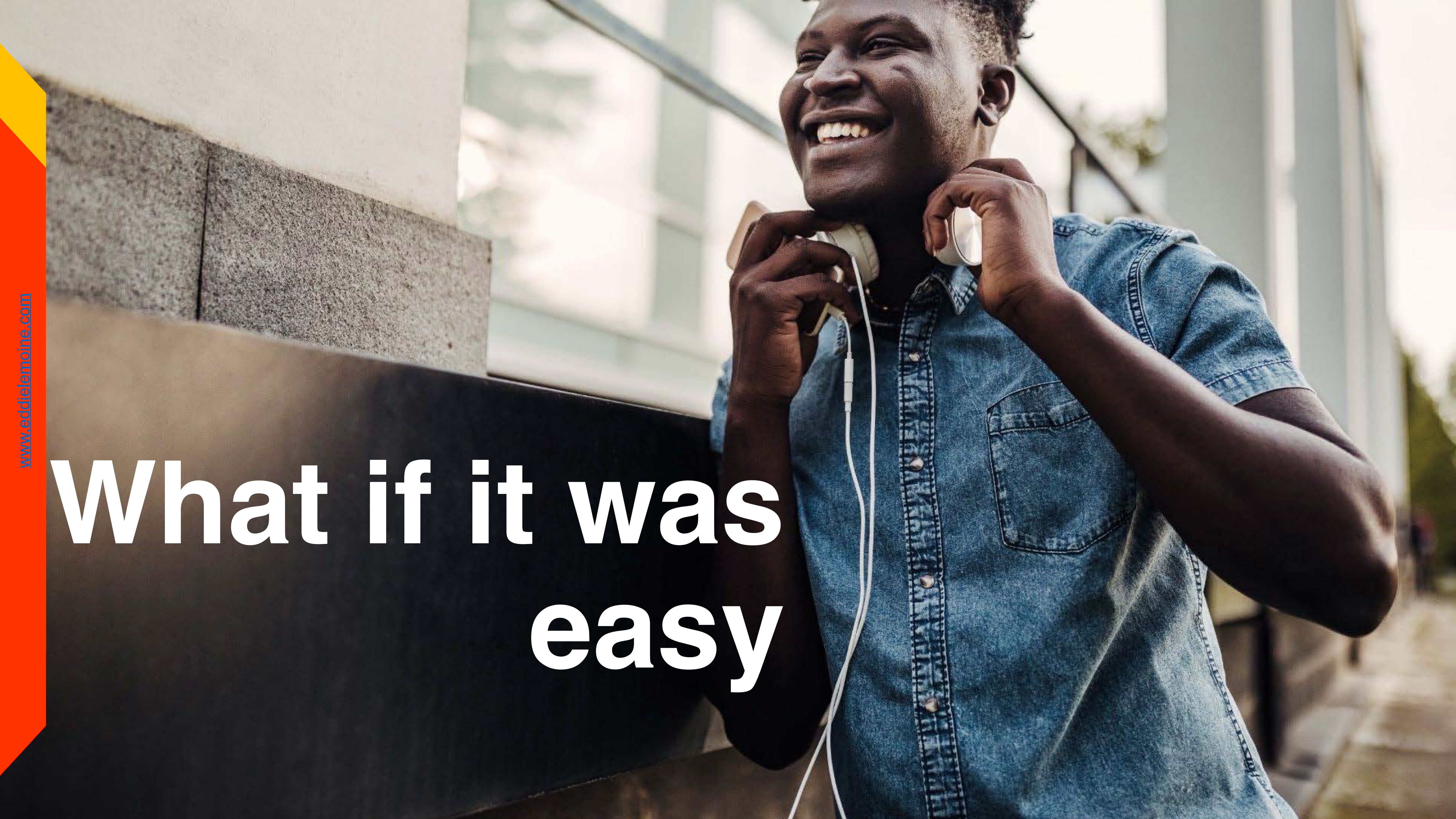
If you are like me

**I had a
thought**



A woman with voluminous, curly brown hair is shown from the chest up. She is wearing a white, textured knit sweater. Her right hand is raised to her chin, with her index finger pointing upwards, suggesting a state of deep thought or contemplation. The background is a solid, neutral grey. On the far left, there is a vertical orange bar with a yellow triangle at the top, and a small white URL is written vertically on it.

**What if I
could find
better way**



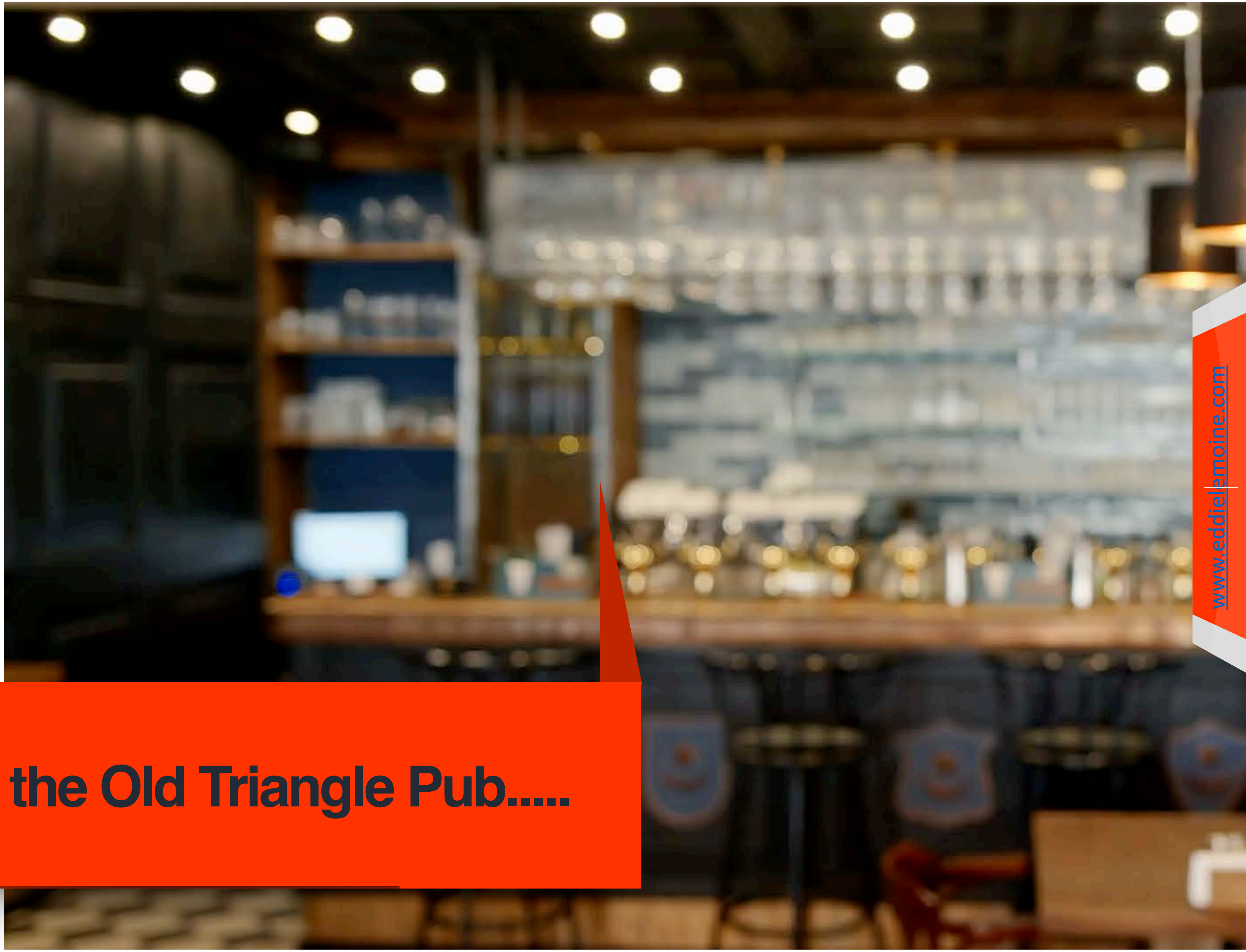
**What if it was
easy**

What if it was
as easy as
changing the
way you
think



Stinking Thinking

It all started at the Old Triangle Pub.....





I Noticed Changes

235 Pounds



I Noticed Changes

185 Pounds



I Noticed Changes



I Noticed Changes



I Noticed Changes



I Noticed Changes



I Noticed Changes



I Noticed Changes



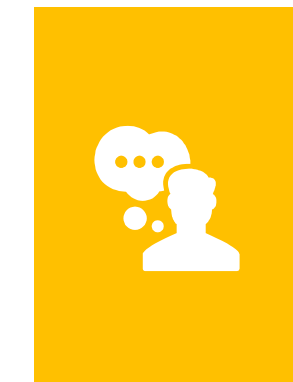
Our clients

My Research



Science

The way the brain works



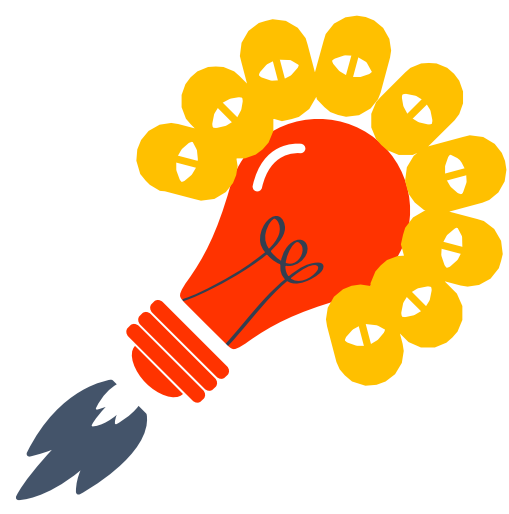
Psychology

The questions we ask



Unexplainable

Things that happen we can't explain

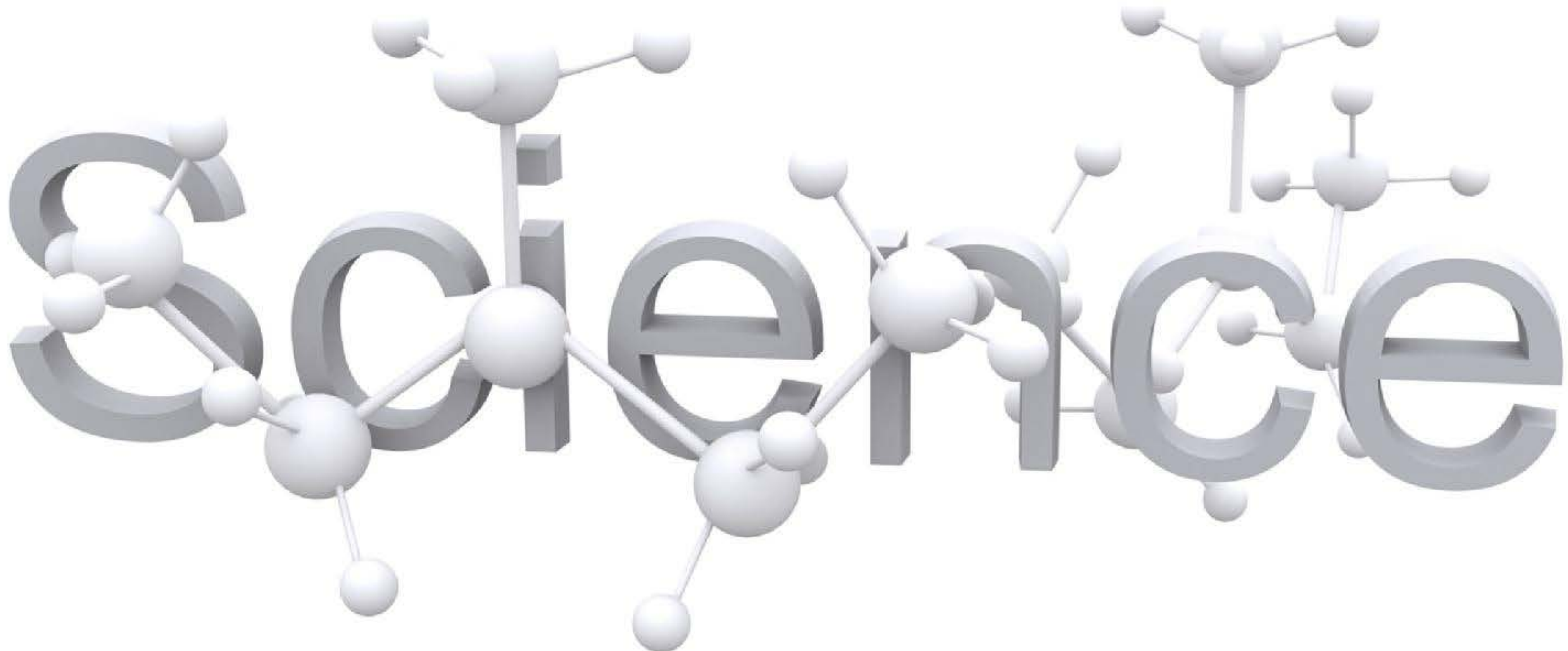


My Research



Science

The way the brain works



Psychology

The questions we ask

ANSWERS

QUESTIONS

My Research



My Research



Unexplainable

Thinks that happen we can't explain



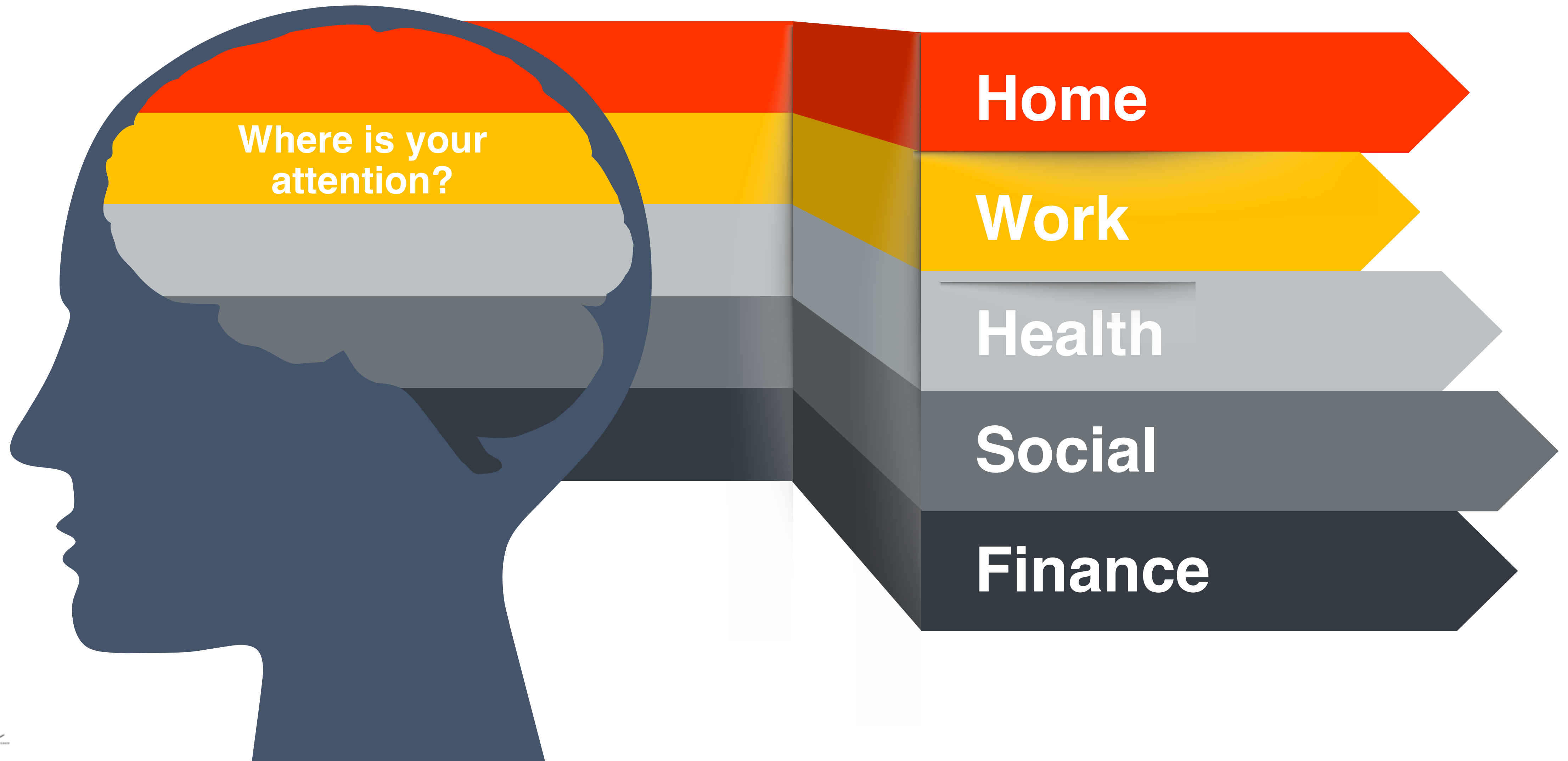




WHERE IS YOUR ATTENTION?

“Whatever you focus your “*attention*” on and “*energy*” towards you “Bring” into your life.”

“Your secret internal conversations are slowly shaping your destiny.”



“Your secret internal conversations are slowly shaping your destiny.”

Thoughts



“Sow a thought, reap an action.”



“Your secret internal conversations are slowly shaping your destiny.”

Thoughts

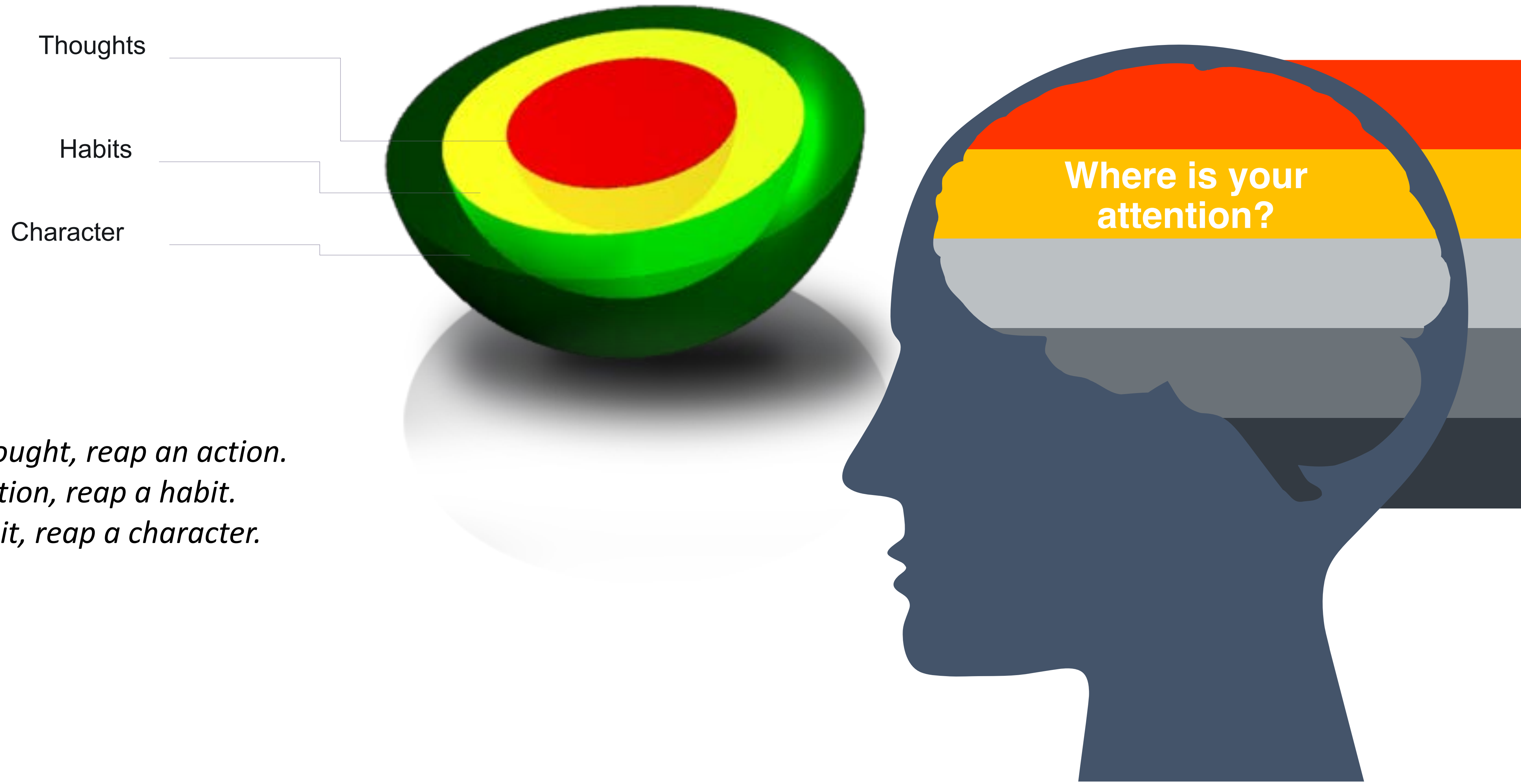
Habits



*“Sow a thought, reap an action.
Sow an action, reap a habit.”*

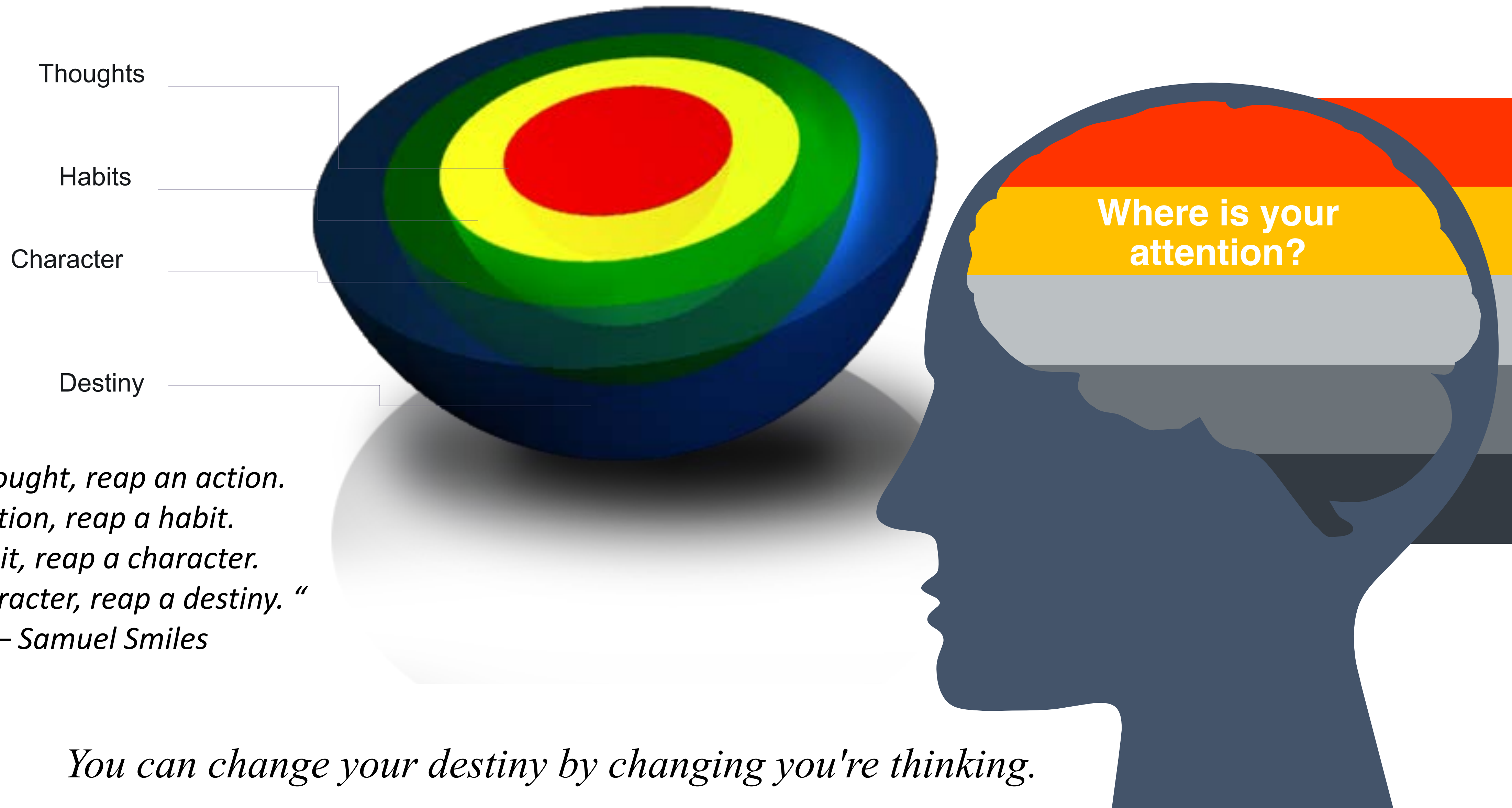


“Your secret internal conversations are slowly shaping your destiny.”



*“Sow a thought, reap an action.
Sow an action, reap a habit.
Sow a habit, reap a character.”*

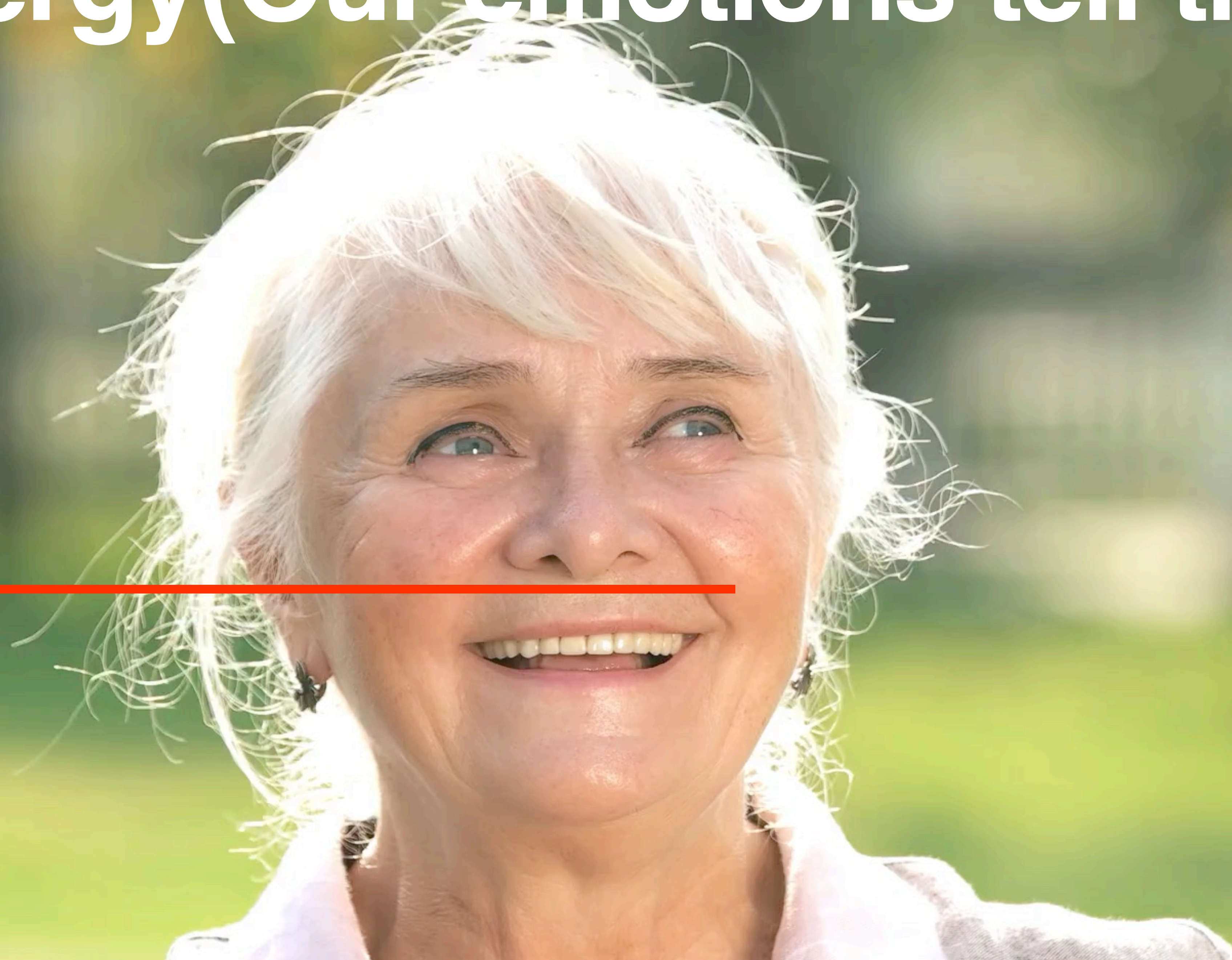
“Your secret internal conversations are slowly shaping your destiny.”



*“Sow a thought, reap an action.
Sow an action, reap a habit.
Sow a habit, reap a character.
Sow a character, reap a destiny. “*
– Samuel Smiles

You can change your destiny by changing you're thinking.

Energy(Our emotions tell the story)



Energy Our emotions tell the story



- Challenging to achieve your goals
- Hard to change your habits

- Your goals come to you easily
- Easy to form new empowering habits

Your emotions are your guidance system.



Area of your life you would like to change.

Area of your life that is on track.

Your emotions are your guidance system.



Area of your life you would like to change.

Area of your life that is on track.

I am going
to love
every
student.

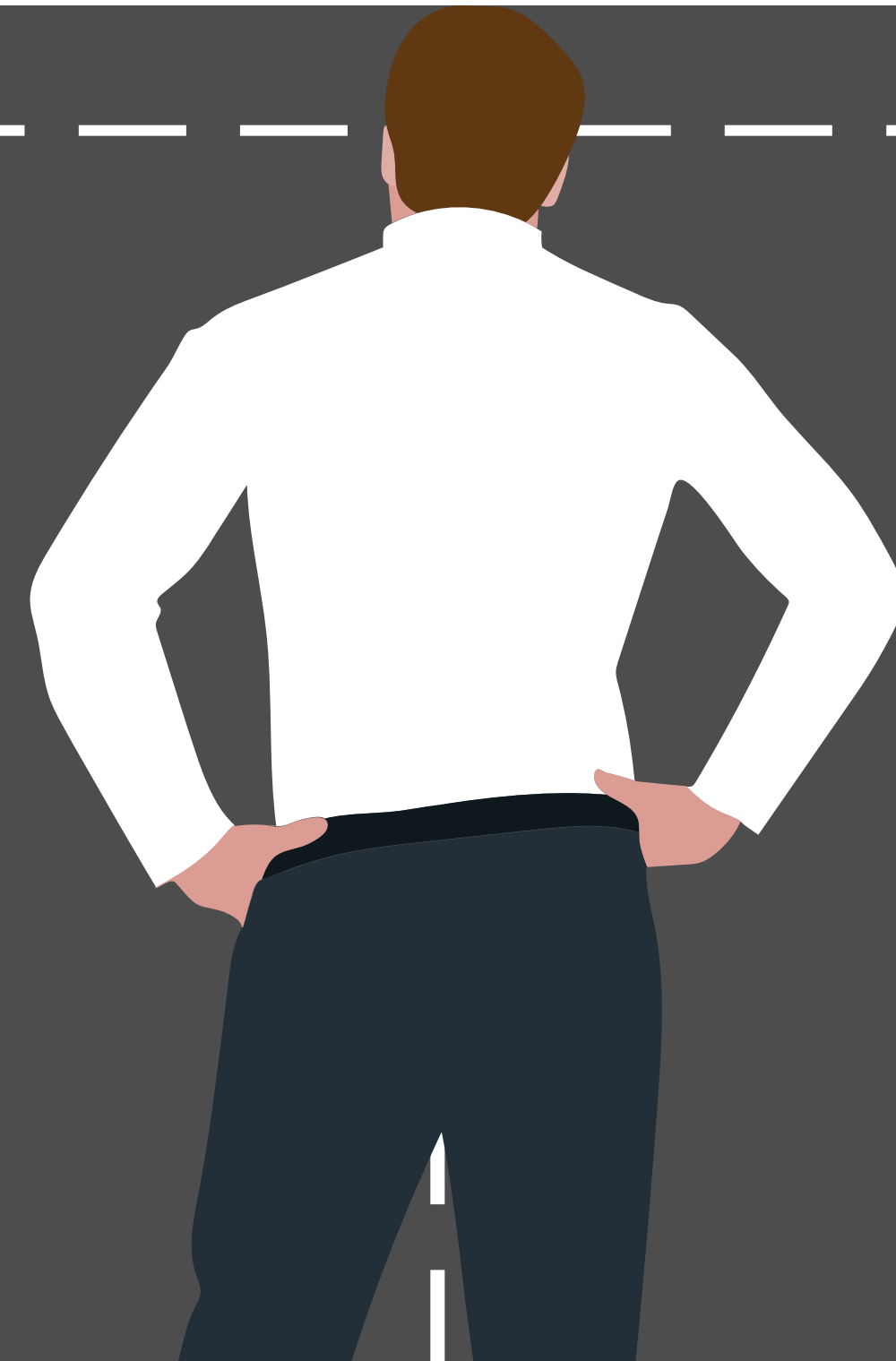


But she
knew it was
not true.

Making it work!



The Hard Way



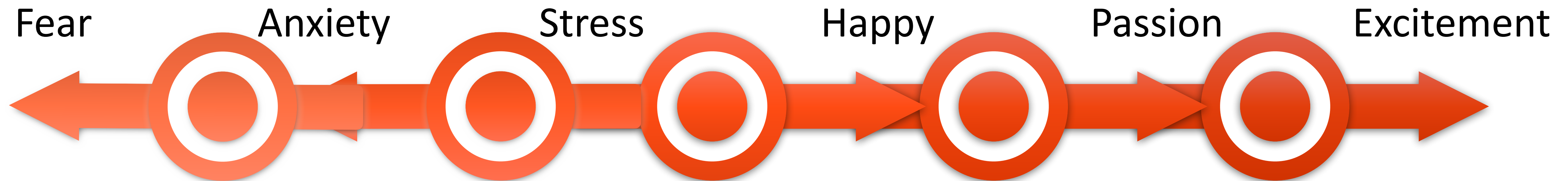
The Easy Way

Step 1

Identify Your Goals



Energy Our emotions tell the story



Area of your life you would like to change.

Area of your life that is on track.

Dream Sheet

- Education
- Relationships
- Finance
- Travel
- Health
- Spirituality



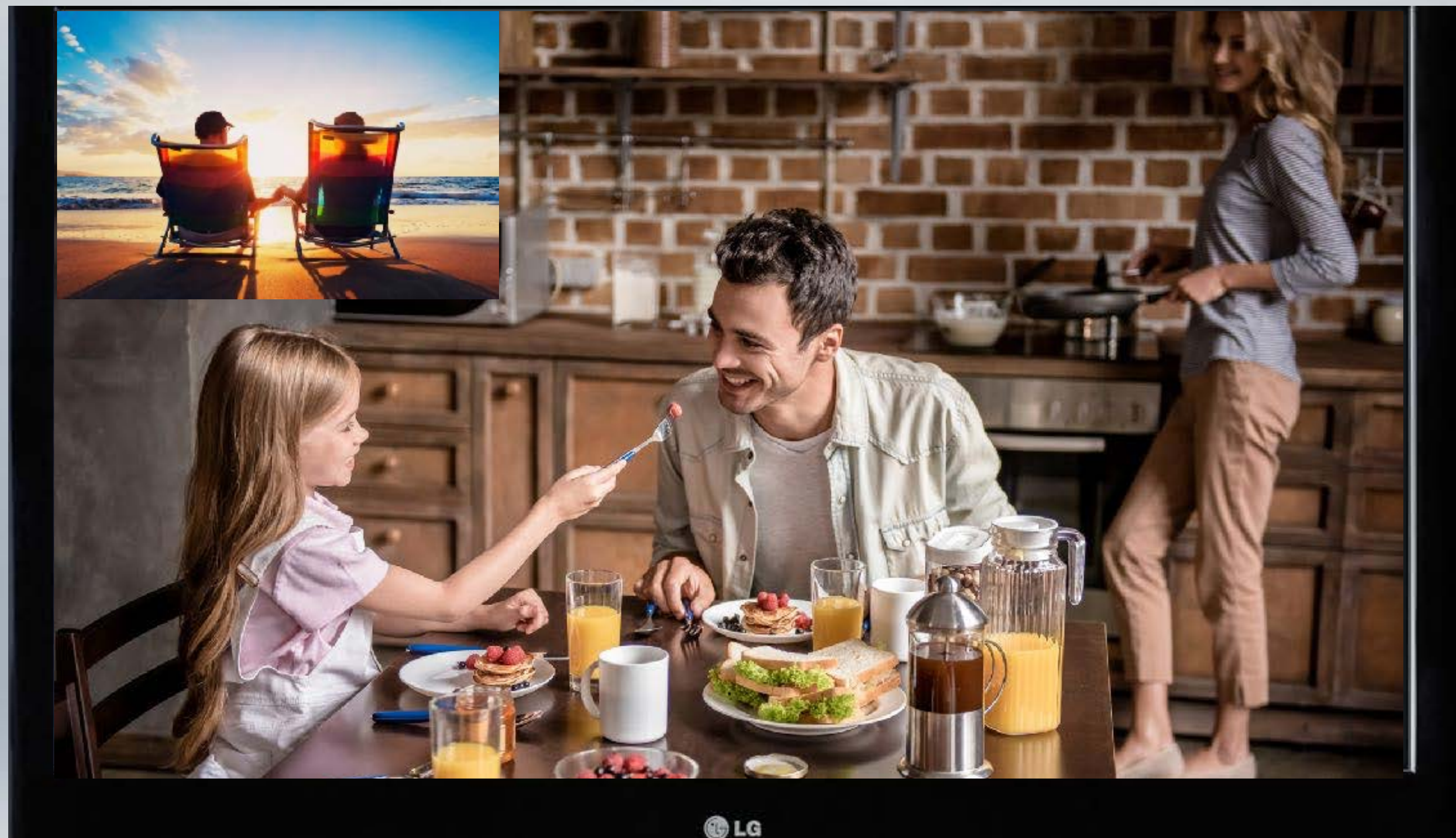


I would like to Manifest a Horse



I would like to

Manifest a Horse



CREATE A VISION
of the future



CREATE A VISION
of the future

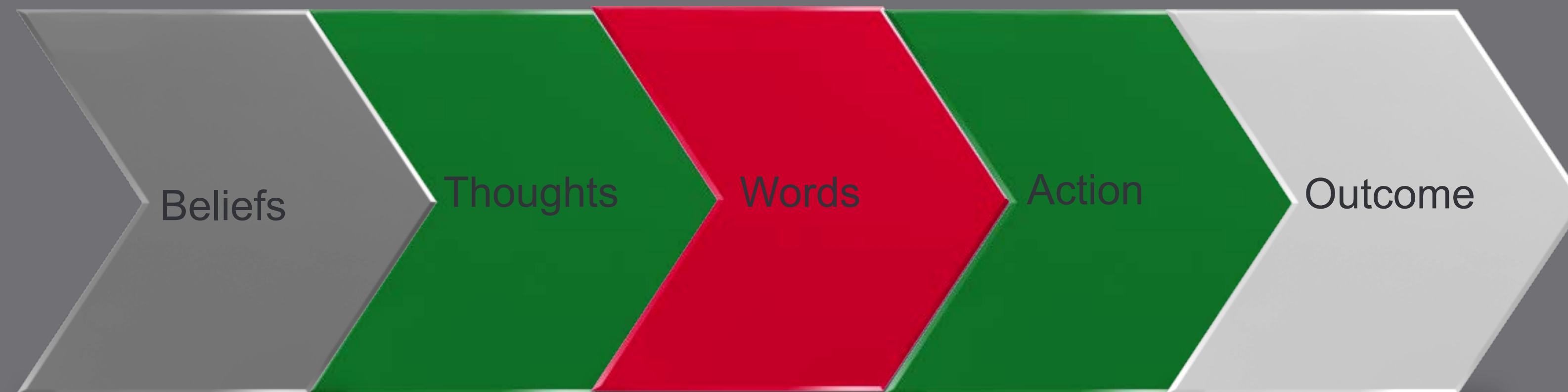
Step 2

B E L I E V E I N Y O U R S E L F

You will not achieve your goals if you don't believe you can



Where do your thoughts come from?



Step Three Be Receptive



Step 3

**Become the
person you
would be if
you already
had your
goals.**



G I V I N G

G₂ R₁ A₁ T₁ I₁ T₁ U₁ D₂ E₁

I₁ S₁

T₁ H₄ E₁

B₃ E₁ S₁ T₁

A₁ T₁ T₁ I₁ T₁ U₁ D₂ E₁





Thank You!

Book Event Special
\$25 inclusive

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