

Mindset Mastery: From Employee Engagement to Personal Empowerment

Bring About What You Think About

Eddie LeMoine



Stinking Thinking

It all started at the Old Triangle Pub.....



I Noticed Changes

235 Pounds



I Noticed Changes

185 Pounds



I Noticed Changes



I Noticed Changes



I Noticed Changes



I Noticed Changes



I Noticed Changes



I Noticed Changes



Our clients

My Research



Science

The way the brain works



Psychology

The questions we ask



Unexplainable

Things that happen we can't explain

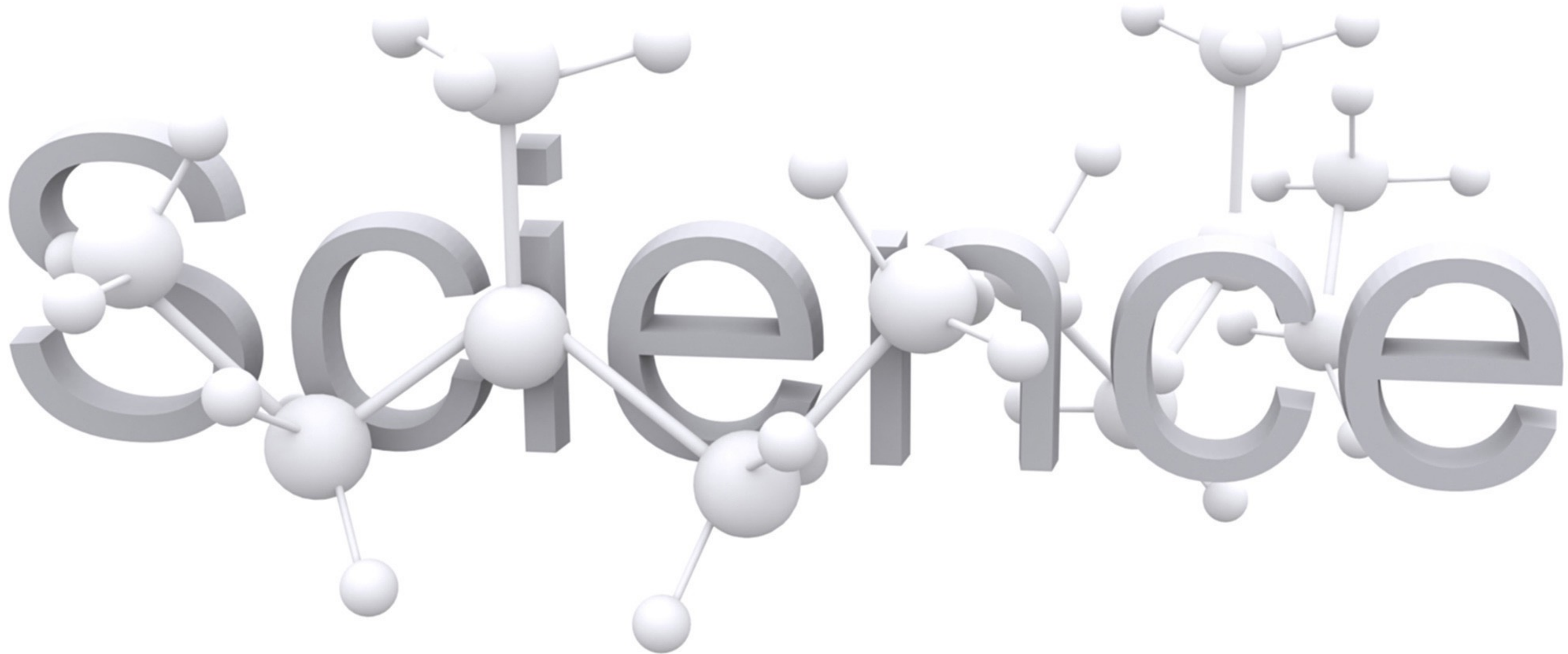


My Research



Science

The way the brain works



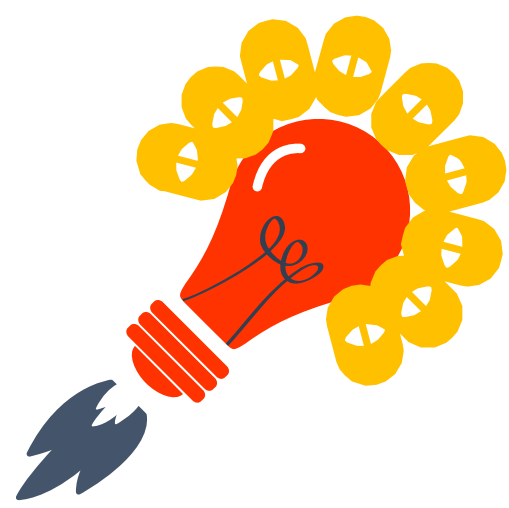
Psychology

The questions we ask

ANSWERS

QUESTIONS

My Research



My Research



Unexplainable

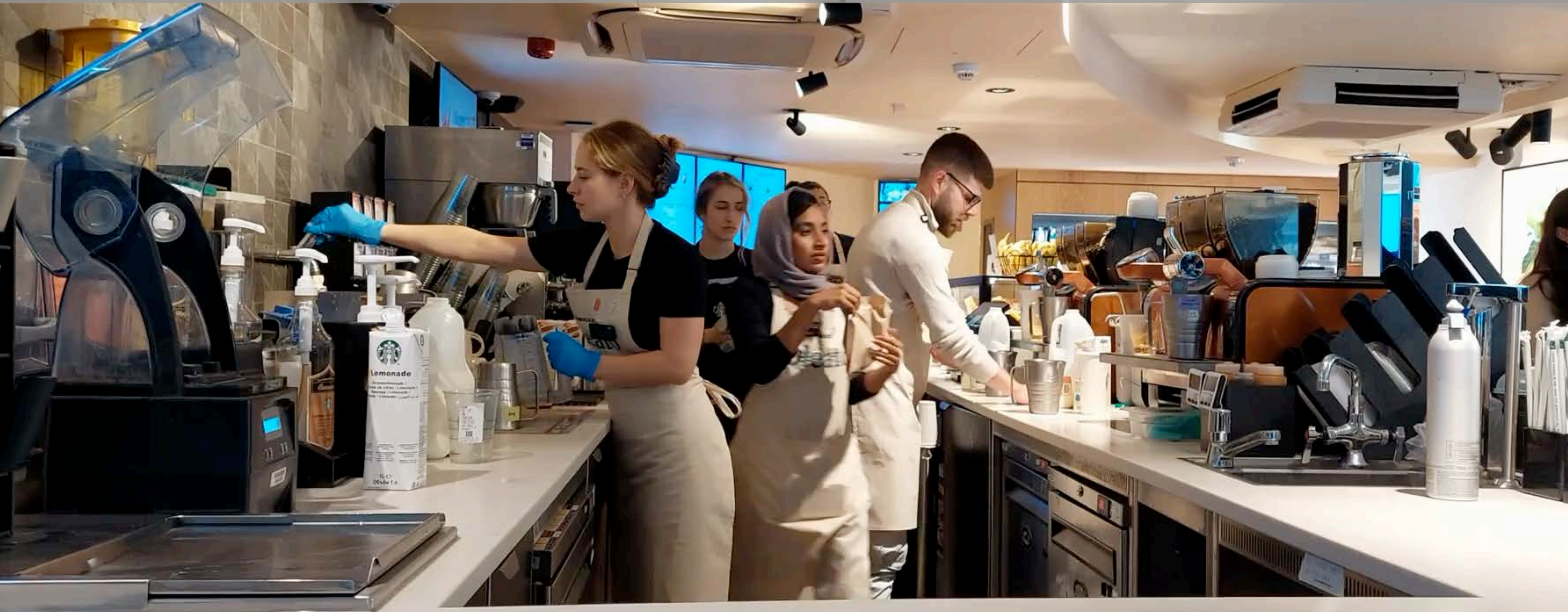
Thinks that happen we can't explain



Unexplainable



Unexplainable





They discovered they were sisters.

WHERE IS YOUR ATTENTION?

“Whatever you focus your “*attention*” on and “*energy*” towards you “Bring” into your life.”

“Your secret internal conversations are slowly shaping your destiny.”



“Your secret internal conversations are slowly shaping your destiny.”

Thoughts



“Sow a thought, reap an action.”



“Your secret internal conversations are slowly shaping your destiny.”

Thoughts

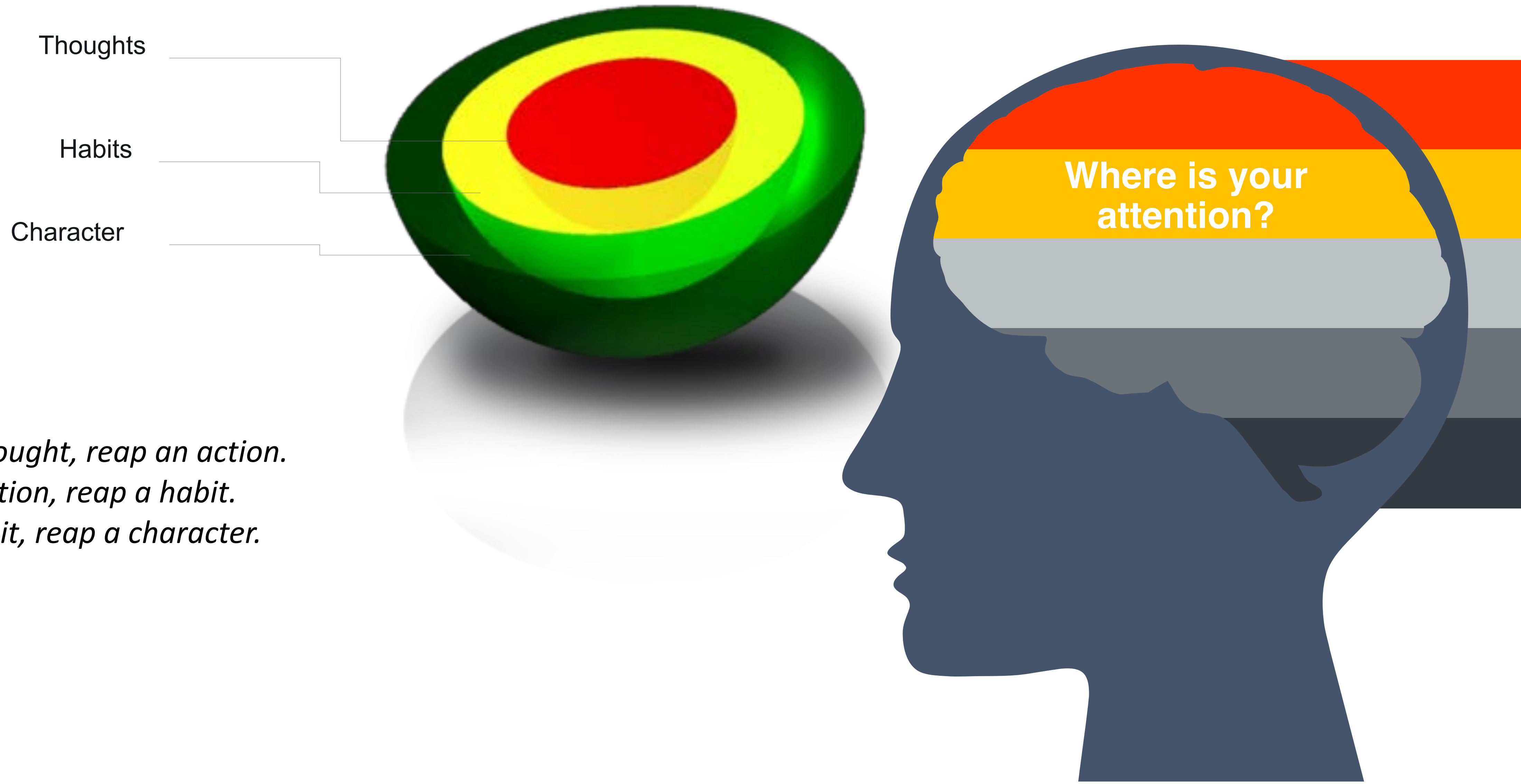
Habits



*“Sow a thought, reap an action.
Sow an action, reap a habit.”*

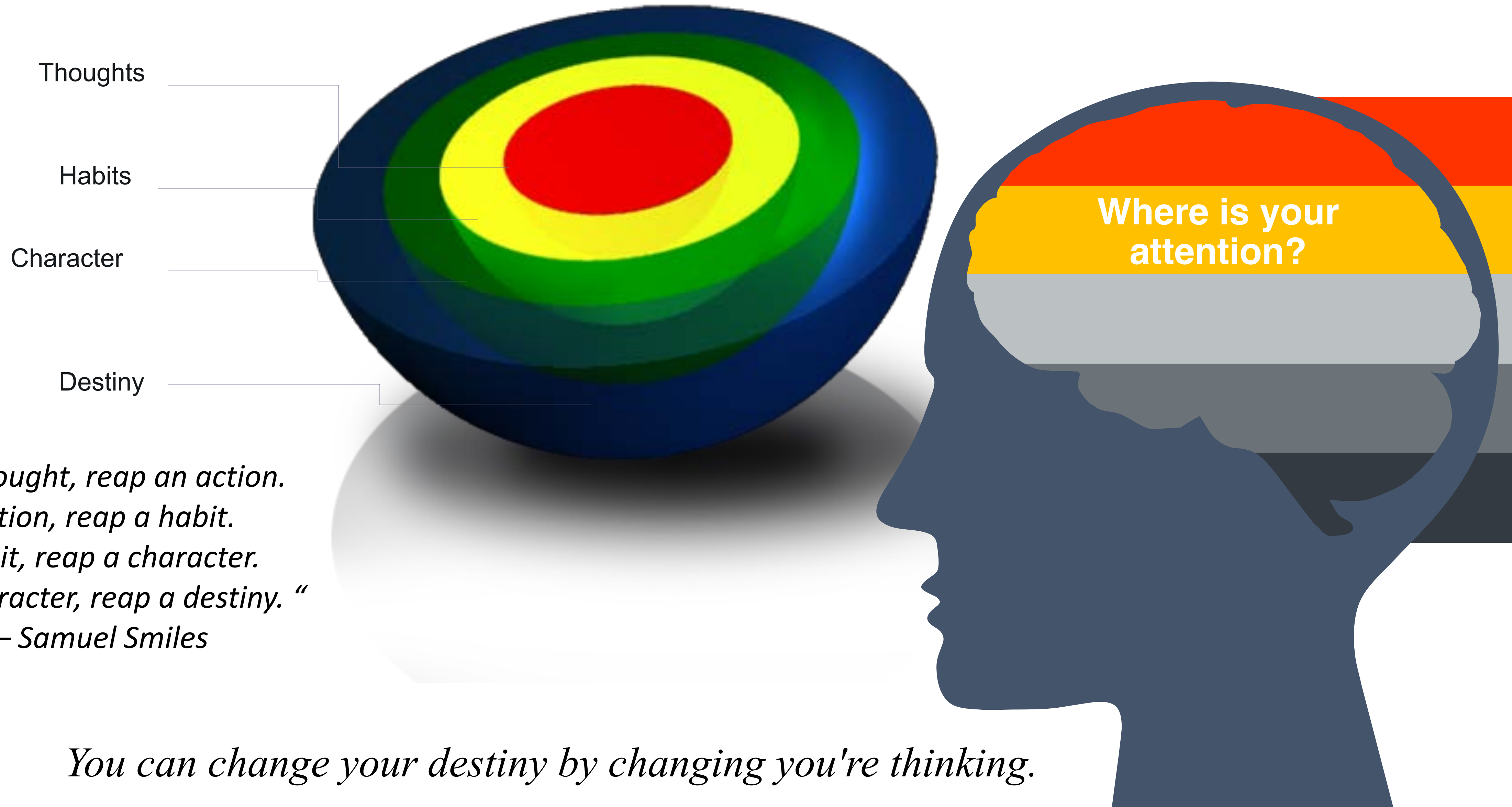


“Your secret internal conversations are slowly shaping your destiny.”



*“Sow a thought, reap an action.
Sow an action, reap a habit.
Sow a habit, reap a character.”*

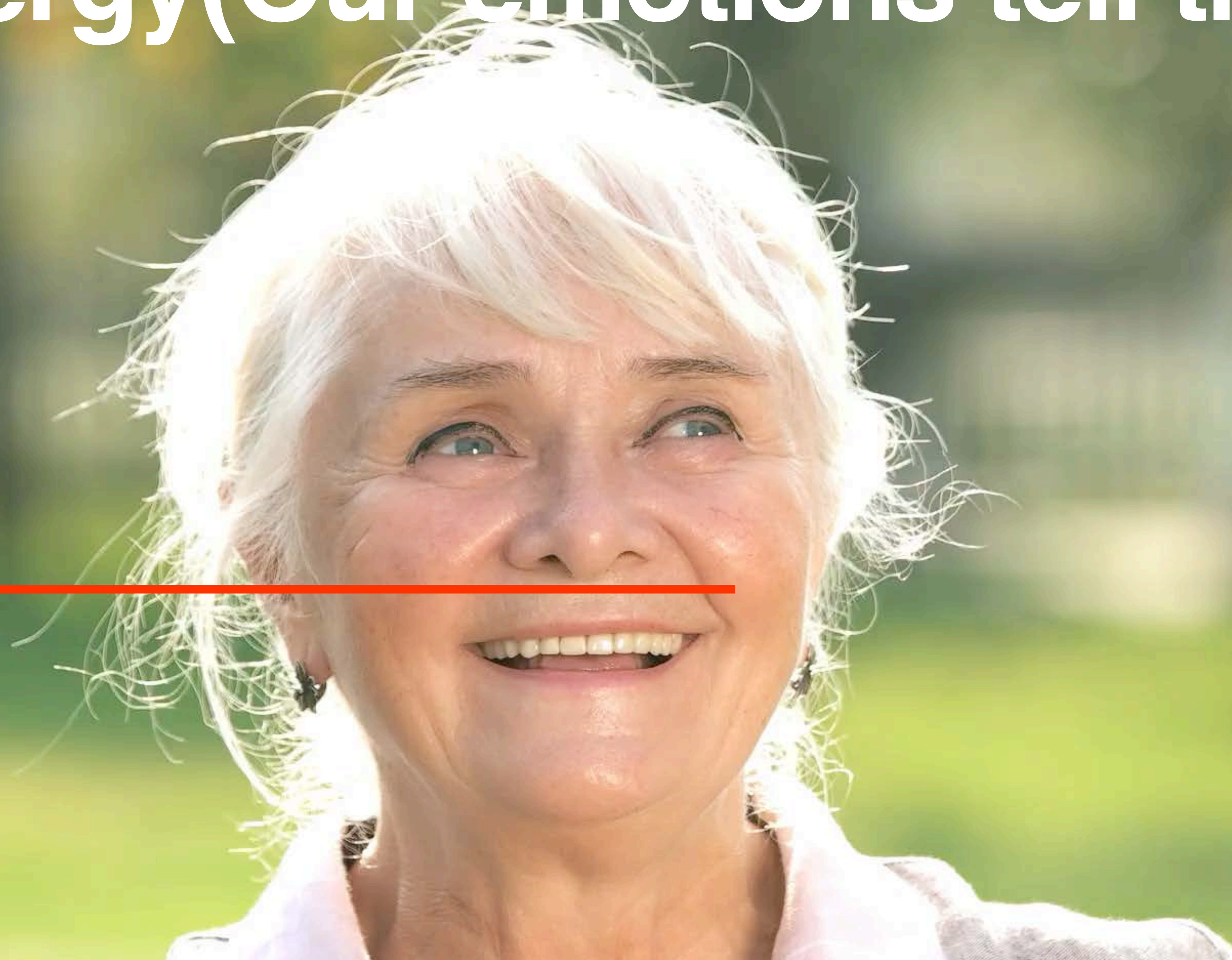
“Your secret internal conversations are slowly shaping your destiny.”



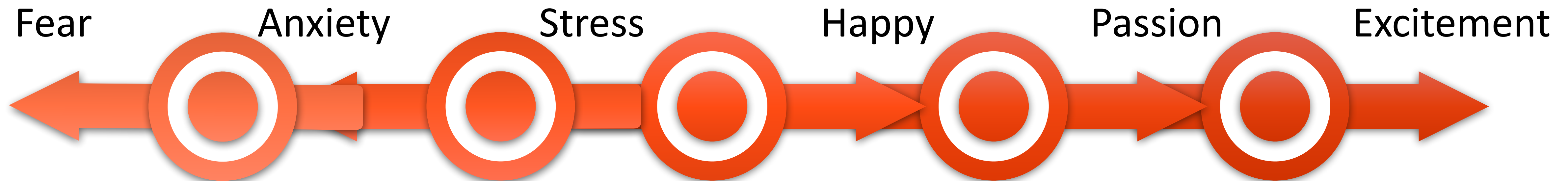
*“Sow a thought, reap an action.
Sow an action, reap a habit.
Sow a habit, reap a character.
Sow a character, reap a destiny. “
– Samuel Smiles*

You can change your destiny by changing you're thinking.

Energy(Our emotions tell the story)



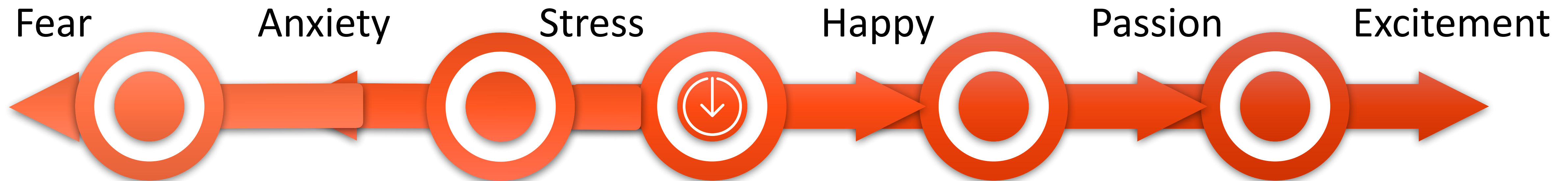
Energy Our emotions tell the story



- Challenging to achieve your goals
- Hard to change your habits

- Your goals come to you easily
- Easy to form new empowering habits

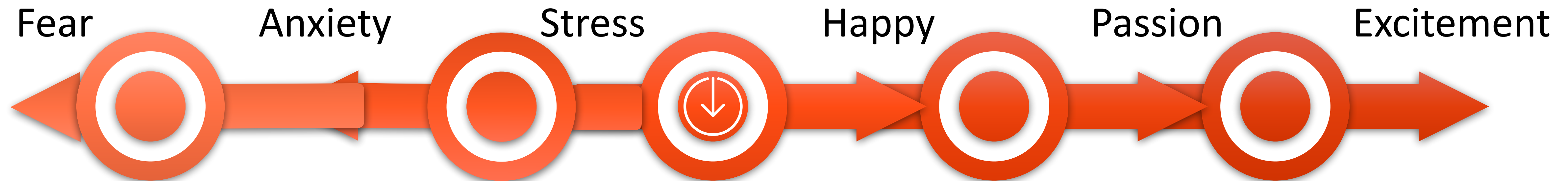
Your emotions are your guidance system.



Area of your life you would like to change.

Area of your life that is on track.

Your emotions are your guidance system.



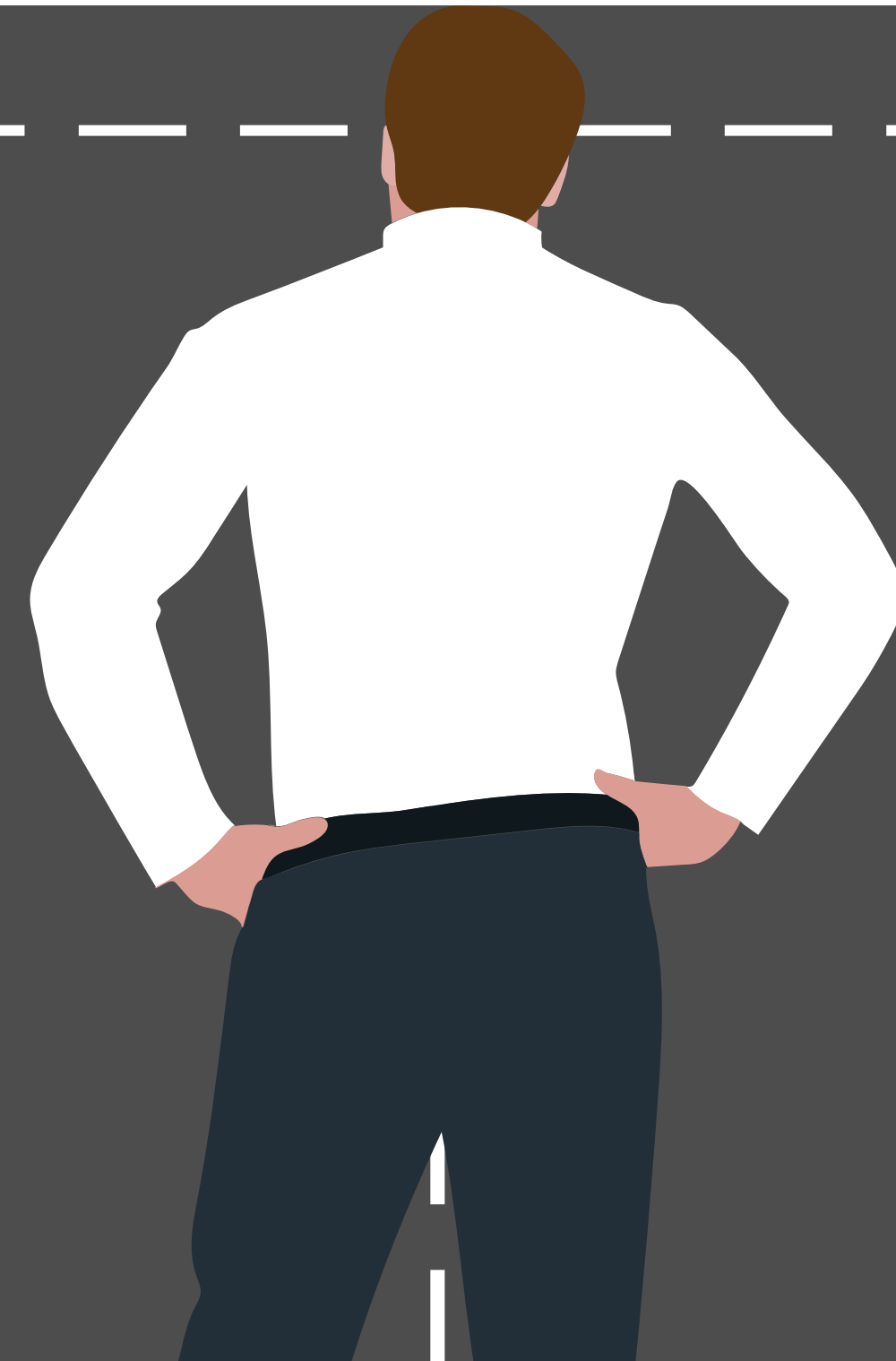
Area of your life you would like to change.

Area of your life that is on track.

Making it work!



The Hard Way



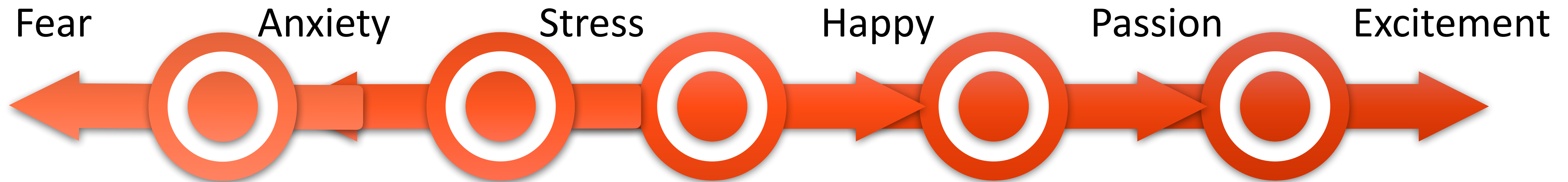
The Easy Way

Step 1

Identify Your Goals



Energy Our emotions tell the story



Area of your life you would like to change.

Area of your life that is on track.

Dream Sheet

- Education
- Relationships
- Finance
- Travel
- Health
- Spirituality



I would like to Manifest a Horse



I would like to

Manifest a Horse

Step 2

B E L I E V E I N Y O U R S E L F

You will not achieve your goals if you don't believe you can



Step 3

**Become the
person you
would be if
you already
had your
goals.**



G₂ R₁ A₁ T₁ I₁ T₁ U₁ D₂ E₁

I₁ S₁

T₁ H₄ E₁

B₃ E₁ S₁ T₁

A₁ T₁ T₁ I₁ T₁ U₁ D₂ E₁



THANK YOU

Keep the momentum going

Two ways to keep learning after today

THE BOOK



**Bring About
What
You Think About**

\$25

Taxes included

THE ONLINE PROGRAM

\$50

Includes your book

\$150 online • \$50 today • Save \$100

Available at the back of the room